



Munster Future Challenger

ENTRY RULES & FORMS

(Under Swim Ireland Rules)

UL Arena, Limerick

Monday 5th February 2024

Meet Locations:	UL Arena, Limerick
Date:	Monday 5th February Two separate galas – one in morning and one in afternoon. Order of Events is the same for both galas.
Session	Afternoon Gala Warm-up 13:30*; start time 14:30* Clubs: Askeaton, Ballybunion, Celtic Waves, Clonmel, Ennis, Fermoy, Limerick, Mallow, Seaworld, Tiger Sharks. Start times are provisional. Final time will be advised upon receipt of entries. Note: Clubs must provide at least one official for every six swimmers entered upto a maximum of 4
Age:	Age as 31 st December 2024
Qualification Criteria:	Swimmers must be at least 10 years of age by 31 st December 2024. Individual Age groups 10 years, 11 years, 12 years and 13/14 years Relay Age Groups 10-12. There must be at least 1 male and 1 female. Clubs may collaborate to enter relays. Clubs can enter multiple relay teams. All competing relay swimmers must be entered in the meet.
Heats & Finals:	All events will be HDW. There will be no finals. All events will be held in 25m pool.
Withdrawals:	Must be made at least 45 minutes before the start of the meet
Entry Deadline:	Entries must be received by 5pm 19th January, 2024 Entries must be placed in the box at Reception with the following details: Gala name: Swimmers Name: Event: Fee Enclosed:
Entry Fees:	Individual entries cost €7 per event.
Awards:	Wristbands will be awarded to swimmers that achieve the graded time standard.
Individual Entries:	Athletes are limited to 1 distance per stroke per meet. Swimmers who enter the meet cannot enter the Aspiring Challenger meet until after July 1 st 2024. Athletes should only enter events on the recommendation from their coach.
Relay Entries	Clubs are permitted to enter more than one relay team per event. The names of the 4 relay team members swimming in the race and the order of swimming must be declared on the official Team Declaration Sheet and submitted to the Swim Office Table on the day

	of the gala.
Anti-Doping:	It is a condition of attending a Swim Ireland event that Swimmers may be required to be tested for prohibited substances in accordance with the Sport Ireland/WADA/FINA Anti-Doping rules. For further information visit the Anti-Doping section of the Sport Ireland website .
Swimsuits:	Swimmers in this meet regardless of age are NOT permitted to wear SKINS

The Upper Age Group in this meet has been extended to 13/14 years to accommodate the later developing athletes – coaches can decide to enter these athletes in the Future Challenger Series or the Aspiring Champions Series, but they cannot swim in both during the cycle i.e. if they compete in the Future Challenger Series Round 2 they will not be eligible to compete in the Aspiring Champions Series in the long course season.

Order of Events Round 2 Meet 1

1	Boys 12 200m Freestyle
2	Girls 11-14 100m Freestyle
3	Boys 10-14 50m Freestyle
4	Girls 10-14 100m IM
5	Boys 11-14 100m Breaststroke
6	Girls 10-14 50m Breaststroke
7	Boys 11-14 200m IM
8	Mixed 10-12 4x25m Medley Relay
	Possible Short Break
9	Girls 12 200m Freestyle
10	Boys 11-14 100m Freestyle
11	Girls 10-14 50m Freestyle
12	Boys 10-14 100m IM
13	Girls 11-14 100m Breaststroke
14	Boys 10-14 50m Breaststroke
15	Girls 11-14 200m IM

Note: Athletes are limited to 1 distance per stroke per meet.