



GERRY RYAN MEMORIAL GALA 2024

HOSTED BY **LIMERICK SWIMMING CLUB**

License Number 3L - 23/24 - M019

- Date(s):** 19th, 20th & 21st Jan 2024
- Venue:** UL Sports Arena, Limerick
- Format:** Long Course (LC)
- Entries:** Entries on Hy-Tek - please email to gryanlimkgala@gmail.com
Electronic timing will be used throughout the gala.
- Age:** Age up - 31st December 2024 (year of birth)
- Fees:** **€8.00 per individual event, €20.00 per relay team event**

Entries to be placed in the box at the reception in the pool with the following information.

Swimmers name;
Event/s;
Fee Enclosed;

Closing Date: Closing date for all entries is Wednesday 3rd January at 5pm
Late entries cannot be accepted

Scratches: Scratches will be accepted until Friday 12th Jan 24 6pm





Meet Conditions

1. Swimmers must be members of Swim Ireland & Swim Ireland Rules will apply.
2. One Start rule will apply for this gala.
3. Heats will be run as an open event based on each swimmer's entry time in 10 lane formats.
4. All events will be H.D.W.
5. Medals will be awarded in all individual events for age groups 13-14, 15-16 & 17&O.
6. Swimmers must be at least 13 years of age prior to December 31st 2024 to enter this meet.
7. Swimmers will be limited to a total of 8 individual swim events over the 3 days.
8. There are Qualification Times for all events except the 800m and the 1500m, to allow for swimmers to swim for their first time.
9. All entry times must be official times and may be verified in the National Database, except in the case of the 800m and 1500m Freestyle events, where NT's will not be accepted, but the fastest official qualifying times will be given priority over training times.
10. SC times converted to LC Qualifying Times (Achieved since 1st January 2022) will be accepted.
11. Qualification standards will be waived for swimmers with disabilities who are classified through Paralympics Ireland.
12. A points system for the Gerry Ryan Perpetual Cup for best club will be applied.
13. In the event of the meet being oversubscribed the organisers may have to restrict the number of heats. LSC will work with clubs to minimise any impact for swimmers.
14. LSC will provide officials for this meet.
15. Session times may change depending on entries. You will be notified of changes one week before gala.
16. The host club reserves the right to limit the number of swimmers attending the gala due to COVID concerns.
17. Points will be allocated to the winning swimmers, 1st=10pts, 2nd=9pts, for places 1 through 10. Points will be summarized at the end of the gala with the Club with the most points winning the perpetual trophy.
18. LSC ask for clubs to provide one official per session per day (if required)



Gerry Ryan 2024 - ORDER OF EVENTS

Session 1 - Friday Evening

Warm-up 6.30pm – 7.00pm Start

30 mins male/female mixed

Event No.		Event No.	
1	Mixed 1500m Freestyle	4	Mixed 200m Freestyle Relay
2	Girls 100m Butterfly		
3	Boys 100m Butterfly		

Session 2&3 – Saturday

Warm-up 7:15am – 9.00am Start

Male/female mixed - Club time slots

Session 4&5 - Sunday

Warm-up 7.15am – 9.00am Start

Male/female mixed - Club time slots

5	Boys 400 Medley Relay	25	Mixed 800m Freestyle
6	Girls 400 Medley Relay	26	Boys 400 Freestyle Relay
7	Boys 200m Breaststroke	27	Girls 400 Freestyle Relay
8	Girls 200m Breaststroke	28	Boys 200 Ind. Medley
9	Boys 400m Freestyle	29	Girls 200 Ind. Medley
10	Girls 400m Freestyle	30	Boys 50m Freestyle
11	Boys 50m Butterfly	31	Girls 50m Freestyle
12	Girls 50m Butterfly	32	Boys 200m Backcrawl
13	Boys 100m Backcrawl	33	Girls 200m Backcrawl
14	Girls 100m Backcrawl		
	Warm-up 1:00pm – 2.00pm Start		Warm-up 1:00pm – 2.00pm Start
15	Girls 200 Freestyle Relay	34	Girls 200m Medley Relay
16	Boys 200 Freestyle Relay	35	Boys 200m Medley Relay
17	Girls 400 Ind. Medley	36	Girls 200m Butterfly
18	Boys 400 Ind. Medley	37	Boys 200m Butterfly
19	Girls 100m Breaststroke	38	Girls 50m Breaststroke
20	Boys 100m Breaststroke	39	Boys 50m Breaststroke
21	Girls 50 Backcrawl	40	Girls 100m Freestyle
22	Boys 50 Backcrawl	41	Boys 100m Freestyle
23	Girls 200m Freestyle		
24	Boys 200m Freestyle		



Gerry Ryan 2024

QUALIFICATION TIMES – MALE

EVENT	Gerry Ryan 2024 Qualification Times MALE Long Course Ages as of Dec 31st 2024				
	13	14	15	16	17 & O
50FC	36.00	35.00	34.00	33.00	31.00
100 FC	1.19.20	1.15.76	1.10.60	1.08.24	1.04.96
200 FC	2.51.75	2.44.12	2.39.13	2.34.57	2.27.84
400 FC	5.51.43	5.37.89	5.24.77	5.14.15	5.09.96
800 FC	11.51.80	11.23.93	11.06.00	10.44.53	10.36.07
1500 FC	22.52.29	22.07.42	21.37.42	20.48.82	20.46.79
50 BC	41.00	41.00	37.00	37.00	37.00
100 BC	1.31.79	1.28.27	1.22.47	1.19.70	1.16.76
200 BC	3.13.26	3.07.88	2.59.69	2.56.57	2.48.92
50 BRS	45.00	45.00	40.00	40.00	40.00
100 BRS	1.44.79	1.39.91	1.33.04	1.31.32	1.25.20
200 BRS	3.42.54	3.34.83	3.28.19	3.21.42	3.11.27
50 FLY	44.00	44.00	39.00	39.00	39.00
100 FLY	1.32.36	1.28.03	1.21.22	1.17.50	1.11.79
200 FLY	3.21.95	3.11.32	3.02.38	2.54.87	2.49.85
200 IM	3.12.94	3.06.88	2.59.84	2.56.36	2.49.27
400 IM	6.44.42	6.32.00	6.02.73	5.52.06	5.48.05



Gerry Ryan 2024

QUALIFICATION TIMES – FEMALE

EVENT	Gerry Ryan 2024 Qualification Times FEMALE Long Course Ages as of Dec 31st 2024				
	13	14	15	16	17 & O
50FC	37.00	36.00	35.00	34.50	34.00
100 FC	1.21.49	1.17.78	1.14.11	1.13.40	1.11.29
200 FC	2.54.65	2.48.47	2.45.95	2.42.28	2.39.15
400 FC	5.56.27	5.50.60	5.37.84	5.34.09	5.25.93
800 FC	12.05.47	11.49.59	11.41.86	11.31.51	11.17.27
1500 FC	22.49.44	22.19.82	22.05.19	21.45.59	21.18.59
50 BC	44.00	44.00	40.00	40.00	40.00
100 BC	1.32.73	1.29.28	1.24.91	1.24.38	1.22.04
200 BC	3.18.01	3.11.93	3.07.00	3.04.00	3.00.64
50 BRS	49.00	49.00	44.00	44.00	44.00
100 BRS	1.47.27	1.43.29	1.38.16	1.36.50	1.32.17
200 BRS	3.46.57	3.44.39	3.32.24	3.30.26	3.24.08
50 FLY	48.00	48.00	43.00	43.00	43.00
100 FLY	1.34.25	1.30.68	1.25.02	1.22.19	1.20.10
200 FLY	3.26.45	3.22.38	3.17.93	3.11.36	3.06.45
200 IM	3.18.08	3.13.20	3.07.18	3.02.21	3.01.25
400 IM	6.51.04	6.40.75	6.28.73	6.22.06	6.15.65