



Munster Future Challenger
ENTRY RULES & FORMS
(Under Swim Ireland Rules)

MEET CONDITIONS

Meet Locations:	Douglas
Date	Douglas 23rd. October
Sessions :	Douglas 9am warm up 10 am start Douglas – Blackrock, Sundays Well, Dolphin, Fermoy, Mallow, Kingdom, Kenmare, Clonakilty, Ballybunion, Killarney, Streamline, West Cork Orcas
Age:	Age as 31 st December 2022
Qualification Criteria:	Swimmers must be at least 10 years of age by 31 st December 2022. Individual Age groups 10 years, 11 years, 12 years and 13/14 years Relay Age Groups 10-12. There must be at least 1 male and 1 female and a maximum of one 12 year old on the team. All competing relay swimmers must be entered in the meet.
Heats & Finals:	All events will be HDW. There will be no finals.
Withdrawals:	Must be made at least 45 minutes before the start of the meet
Entry Deadline:	<p>Closing date for ALL entries is 6pm on Sunday 25th of September</p> <ul style="list-style-type: none"> • Please discuss entries with your Coach prior to submission. • Late entries will not be accepted. • Please place the total fee in a sealed envelope and write the following details <u>clearly</u> on the outside: <p>Example: Munster Future Challenger – 23rd October 2022</p> <p>Name: Swimmer's own name</p> <p>Event(s): (for example) 3. Girls 200m Freestyle 7. Girls 25m Freestyle Kick 12. Girls 100m Breaststroke</p> <p>Fee: total of € enclosed</p> <p>The envelope should be placed in the Post Box at the Pool Reception area (under the sign-in folder).</p>
Entry Fees:	Individual entries cost €6per event. Relay entries cost €20 per event. <i>Please note that entries are non-refundable once the final date for payment has passed</i>
Individual Entries :	The 25m Freestyle kick event is compulsory for all swimmers, and there is no charge for this event. Swimmers aged 10 are permitted to swim in 3 events. Swimmers aged 11 and over are permitted to swim in 4 events plus the 25m kick. There are no qualifying times for this meet, but swimmers who enter the meet cannot enter the Aspiring Challenger meet until January 1 st 2023.
Relay Entries:	Clubs are permitted to enter more than one relay team per event. The names of the 4 relay team members swimming in the race and the order of swimming must be declared on the official Team Declaration Sheet and submitted to the Swim Office Table no later than 45 minutes before the start of the session in which the race takes place. Failure to do so will be subject to a fine of €50 without exception and disqualification of the relay team. Relay teams that swim in an order that is different from the declared order of swimming shall be disqualified in accordance with FINA Rule SW 10.12.
Awards:	Bands will be awarded to all swimmers for each event they swim. When all events have been completed by a swimmer they will be awarded certificates.

Anti-Doping:	It is a condition of attending a Swim Ireland event that swimmers may be required to be tested for prohibited substances in accordance with the Sport Ireland/WADA/FINA Anti-Doping rules. For further information visit the Anti-Doping section of the Sport Ireland website .
Swimsuits:	Swimmers in this meet regardless of age are NOT permitted to wear SKINS
Health & Safety:	Please refer to the Health & Safety guidelines at the back of this document and also the Swim Ireland Code of Practice for Safety (Swimming) on the Swim Ireland website.

The Upper Age Group in this meet has been extended to 13/14 years to accommodate the later developing athletes – coaches can decide to enter these athletes in the Future Challenger Series or the Aspiring Champions Series, but they cannot swim in both during the cycle i.e. if they compete in the Future Challenger Series Round 1 they will not be eligible to compete in the Aspiring Champions during the Short Course season, and those competing in the Future Challenger Series Round 2 will not be eligible to compete in the Aspiring Champions Series in the long course season.

Round 1 Meet 1

ORDER OF EVENTS

SESSION 1	
1	Mixed 4x25m Medley Relay
2	Boys 10 – 14 100m IM
3	Girls 12 -14 200m Freestyle
4	Boys 11-14 100m Freestyle
5	Girls 10 -14 50m Freestyle
6	Boys 11-14 100m Breaststroke
7	Girls 10-14 25m Freestyle Kick
SESSION 2	
8	Girls 10 -14 100m IM
9	Boys 12- 14 200m Freestyle
10	Girls 11-14 100m Freestyle
11	Boys 10- 14 50m Freestyle
12	Girls 11-14 100m Breaststroke
13	Boys 10 -14 25m Freestyle Kick
14	Mixed 4x25m FTR

Clubs must provide at least one official for every six swimmers entered