**Munster & Connacht Youth/Open Championships 2022**

**Date:** May 22 & 23rd. Warm up Sat. 12 noon Start 1 pm Sun 9am Start 10 am

Venue : UL

**Closing Date: Saturday 30th April. Late entries will not be accepted under any circumstances.**

**Entries:** **Write Gala Name, Your Name; Events on the outside of the envelope, Money Inside; Seal & post in the post box at pool reception.**

**Please discuss entries with your coach prior to submission**

**Fees:** €7.00 per individual event, €20 per relay. **Fees must be paid at least one week prior to the competition. Changes CANNOT be made after fees have been paid.**

**Competition Criteria**

**Swimmers must be at least 15 years of age prior to December 31st 2022 to enter this meet**

Swimmers must qualify in the events in which they wish to enter.

* To be eligible to swim in 50m events swimmers must enter at least one 100m event.
* All qualifying times must have been achieved since January 1st. 2021
* Qualifying times are Long Course, but short course times will be accepted. **If using SC times these must be entered as such and will be converted upon receipt.**
* Times from this event can be used to qualify for Div 2 and Irish Summer Open Meets.
* **This event is Open to swimmers who have NOT entered either the Leinster or Ulster Open Meets. Any swimmer who has entered in either of these meets is not eligible to compete.**

**Scratches : Scratches for Saturday must be done by 6pm on Friday. Scratches for Sunday must be done by 3pm on Saturday.**

**Failure to scratch swimmers who subsequently do not swim will result in a fine of €50 per event, unless a medical certificate is provided within 48 hours of the end of competition.**

**RELAYS:** Relay forms in the order in which swimmers are swimming must be completed and returned to the recorders table at least 45 minutes before the start of the relevant session. This applies whether or not names have been previously submitted with the entries. Failure to complete the form will result in the relay not being permitted to swim.

Mixed Relays are comprised of two male and two female swimmers.

Entries may be limited to ensure compliance with SI licence rules. Where entries have been limited clubs will be informed when all entries have been processed.

***All competing clubs must provide at least one official per six swimmers per session up to a maximum of four officials per session.***

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**ORDER OF EVENTS**

All ages will swim together in heats, there will be finals in individual age groups i.e. 15, 16 and 17 and over.

800m & 1500m Freestyle will be mixed and there will be a maximum of 3 heats in each of these events.

Session 1 Session 5

Saturday 12 noon Sunday 10 a.m.

1. Mixed 400m Medley Relay HDW 19. Girls 400m Freestyle Relay HDW
2. Boys 200m Ind. Medley 20. Boys 100m Breaststroke
3. Girls 200m Backstroke 21. Girls 200m Ind. Medley
4. Boys 200m Breaststroke 22. Boys 50m Butterfly
5. Girls 100m Breaststroke 23. Girls 50m Freestyle
6. Boys 100m Backcrawl 24. Boys 200m Freestyle
7. Girls 50m Butterfly 25. Girls 100m Backcrawl
8. Boys 50m Freestyle 26. Mixed 800m Freestyle HDW
9. Mixed 1500m Freestyle HDW 27. Girls 400 Medley Relay HDW

**15 minute Break 15 minute Break**

**Session 2** **Session 6**

Finals of events from Session 1 Finals of events from Session 5

where appropriate where appropriate

**Session 3** **Session 7**

10. Boys 400m FTR HDW 28. Boys 400m Medley Relay HDW

11. Girls 400m Freestyle HDW 29. Girls 200m Freestyle

12. Boys 200m Backcrawl 30. Boys 50m Backcrawl

13. Girls 100m Freestyle 31. Girls 50m Breaststroke

14. Boys 100m Butterfly 32. Boys 100m Freestyle

15. Girls 50m Backcrawl 33. Girls 100m Butterfly

16. Boys 50m Breaststroke 34. Boys 200m Butterfly

17. Girls 200m Breaststroke 35. Girls 200m Butterfly

18. Boys 400m Ind. Medley HDW 36. Boys 400m Freestyle HDW

37. Girls 400m Ind. Medley HDW

**15 minute Break 15 minute Break**

**Session 4** **Session 8**

Finals of events from Session 3 Finals of events from Session 7

where appropriate where appropriate

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**Long Course Consideration Times**

**(Achieved in the Period 1st January 2021 – 4th May 2022)**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **MALE** | | | EVENT | **FEMALE** | | |
| **15**  **Born 2007** | **16**  **Born 2006** | **17+**  **Born 2005 +** |  | **15**  **Born 2007** | **16**  **Born 2006** | **17 +**  **Born 2005 +** |
| 32.36 | 31.01 | 28.67 | 50m Freestyle | 34.75 | 33.30 | 32.75 |
| 1.10.26 | 1.07.38 | 1.03.84 | 100m Freestyle | 1.15.99 | 1.13.72 | 1.10.58 |
| 2.35.73 | 2.30.86 | 2.22.51 | 200m Freestyle | 2.44.76 | 2.37.89 | 2.34.56 |
| 5.32.90 | 5.19.12 | 5.14.57 | 400m Freestyle | 5.55.57 | 5.40.75 | 5.46.32 |
| Max 3 Heats (Mixed Event ) | | | 800m Freestyle | Max 3 Heats (Mixed Event ) | | |
| Max 3 Heats (Mixed Event ) | | | 1500m Freestyle | Max 3 Heats (Mixed Event ) | | |
| 35.53 | 35.53 | 35.53 | 50m Backcrawl | 41.23 | 41.23 | 41.23 |
| 1.22.99 | 1.19.53 | 1.16.30 | 100m Backcrawl | 1.28.20 | 1.24.52 | 1.22.02 |
| 3.00.63 | 2.53.10 | 2.44.95 | 200m Backcrawl | 3.08.89 | 3.02.02 | 2.57.40 |
| 38.53 | 38.53 | 38.53 | 50m Breaststroke | 43.80 | 43.80 | 43.80 |
| 1.35.91 | 1.31.80 | 1.24.39 | 100m Breaststroke | 1.41.66 | 1.37.42 | 1.32.81 |
| 3.28.24 | 3.20.56 | 3.08.75 | 200m Breaststroke | 3.38.06 | 3.28.97 | 3.20.60 |
| 32.30 | 32.30 | 32.30 | 50m Butterfly | 36.50 | 36.50 | 36.50 |
| 1.20.55 | 1.17.17 | 1.13.36 | 100m Butterfly | 1.26.75 | 1.22.18 | 1.19.96 |
| 2.58.73 | 2.51.28 | 2.45.95 | 200m Butterfly | 3.17.06 | 3.08.85 | 3.03.62 |
| 3.03.39 | 2.52.89 | 2.45.32 | 200m Ind. Med | 3.06.89 | 2.59.11 | 2.58.08 |
| 6.15.78 | 6.00.12 | 5.55.89 | 400m Ind. Med | 6.49.87 | 6.32.89 | 6.25.84 |