**Munster & Connacht Age Group Championships 2022**

**Date:** May 7 & 8th: Warm up 9 am Start 10 am Venue: UL

**Closing Date:** Closing date for all entries is **Saturday 23rd April 2022**. Late entries cannot be accepted

**Entries: Write Gala Name, Your Name; Events on the outside of the envelope, Money Inside; Seal & post in the post box at pool reception**

**Please discuss entries to your coach prior to submission**

**Fees:** €7.00 per individual event, €20 per relay.

**Competition Criteria**

**Swimmers must be at least 12 years of age prior to December 31st 2022 to enter this meet**

Swimmers must qualify in the events in which they wish to enter.

* To be eligible to swim in 50m events swimmers must enter at least one 100m event.
* All qualifying times must have been achieved since January 1st. 2021
* Qualifying times are Long Course, but short course times will be accepted. **If using SC times these must be entered as such and will be converted upon receipt.**
* Times from this event can be used to qualify for Div 2 and Irish Summer Open Meets.
* **This event is Open to swimmers who have NOT entered either the Leinster or Ulster Open Meets. Any swimmer who has entered in either of these meets is not eligible to compete.**

**Scratches: Scratches for Saturday must be done by 6pm on Friday. Scratches for Sunday must be done by 3pm on Saturday.**

**Failure to scratch swimmers who subsequently do not swim will result in a fine of €50 per event, unless a medical certificate is provided within 48 hours of the end of competition.**

**RELAYS:** Relay forms in the order in which swimmers are swimming must be completed and returned to the recorders table at least 45 minutes before the start of the relevant session. This applies whether or not names have been previously submitted with the entries. Failure to complete the form will result in the relay not being permitted to swim.

Mixed Relays are comprised of two male and two female swimmers.

Entries may be limited to ensure compliance with SI license rules. Where entries have been limited clubs will be informed when all entries have been processed.

***All competing clubs must provide at least one official per six swimmers per session up to a maximum of four officials per session.***

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 **ORDER OF EVENTS**

 All ages will swim together in heats, there will be finals in individual age groups i.e. 12, 13 and 14 years

 Session 1 Session 5

 Saturday 10 a.m Sunday 10 a.m.

1. Boys 200m Breaststroke 18. Girls 100m Breaststroke
2. Girls 200m Freestyle 19. Boys 100m Freestyle
3. Boys 100m Butterfly 20. Girls 200m Butterfly
4. Girls 200m Backcrawl 21. Boys 100m Backcrawl
5. Boys 1500m Freestyle HDW 22. Girls 1500m Freestyle HDW
6. Girls 400m Ind. Medley HDW 23. Boys 400m Ind. Medley HDW
7. Boys 400m Medley Relay HDW 24. Girls 400m Medley Relay HDW
8. Girls 400m Freestyle Relay HDW 25. Boys 400m Freestyle Relay HDW

 **15 minute Break 15 minute Break**

 Session 2 Session 6

 Finals of Boys 200m Breaststroke Finals Girls 100m Breaststroke

 Finals of Girls 200m Freestyle Finals Boys 100m Freestyle

 Finals of Boys 100m Butterfly Finals 200m Butterfly

 Finals of Girls 200m Backcrawl Finals Boys 100m Backcrawl

 Session 3 Session 7

9. Girls 200m Ind. Medley 26. Boys 200m Ind. Medley

10. Boys 200m Backcrawl 27. Girls 100m Backcrawl

11. Girls 100m Freestyle 28. Boys 200m Butterfly

12. Boys 200m Freestyle 29. Girls 100m Butterfly

13. Girls 200m Breaststroke 30. Boys 50m Freestyle

14. Boys 100m Breaststroke 31. Girls 50m Freestyle

15. Girls 800m Freestyle HDW 32. Boys 800m Freestyle HDW

16. Boys 400m Freestyle HDW 22. Girls 400m Freestyle HDW

17. Mixed 400m Medley Relay HDW

**15 minute Break 15 minute Break**

 Session 4 Session 8

 Finals Girls 200m Ind. Medley Finals Boys 200m Ind. Medley

 Finals Boys 200m Backcrawl Finals Girls 100m Backcrawl

 Finals Girls 100m Butterfly Finals Boys 200m Butterfly

 Finals Boys 200m Freestyle Finals Girls 100m Butterfly

 Finals Girls 200m Breaststroke Finals Boys 50m Freestyle

 Finals Boys 100m Breaststroke Finals Girls 50m Freestyle

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**Long Course Consideration Times**

**(Achieved Long Course Only in the Period 1st January 2021 – 24th April 2022)**

|  |  |  |
| --- | --- | --- |
| **MALE** | EVENT | **FEMALE** |
| **12****Born 2010** | **13****Born 2009** | **14****Born 2008** |  | **14****Born 2008** | **13****Born 2009** | **12** **Born 2010** |
| 36.27 | 35.65 | 34.16 | 50m Freestyle | 34.75 | 36.26 | 36.95 |
| 1.15.81 | 1.15.28 | 1.12.19 | 100m Freestyle | 1.14.30 | 1.17.52 | 1.18.25 |
| 2.45.84 | 2.43.57 | 2.35.73 | 200m Freestyle | 2.42.34 | 2.49.40 | 2.52.28 |
| 5.55.24 | 5.55.05 | 5.40.21 | 400m Freestyle | 5.47.23 | 6.01.27 | 6.02.47 |
| Max 2 Heats | 800m Freestyle | Max 2 Heats |
| Max 2 Heats | 1500m Freestyle | Max 2 Heats |
| 1.29.40 | 1.29.14 | 1.25.46 | 100m Backcrawl | 1.26.54 | 1.30.30 | 1.34.13 |
| 3.16.95 | 3.10.97 | 3.03.01 | 200m Backcrawl | 3.07.24 | 3.15.48 | 3.23.23 |
| 1.43.06 | 1.42.14 | 1.37.86 | 100m Breaststroke | 1.41.16 | 1.44.69 | 1.45.64 |
| 3.49.60 | 3.41.61 | 3.32.38 | 200m Breaststroke | 2.41.89 | 3.51.53 | 3.56.32 |
| 1.29.82 | 1.28.92 | 1.25.21 | 100m Butterfly | 1.28.03 | 1.31.86 | 1.35.92 |
| 3.17.99 | 3.15.19 | 3.06.67 | 200m Butterfly | 3.18.41 | 3.27.07 | 3.31.60 |
| 3.19.68 | 3.11.43 | 3.03.45 | 200m Ind. Med | 3.08.67 | 3.16.87 | 3.22.38 |
| 7.10.77 | 6.56.59 | 6.39.13 | 400m Ind. Med | 6.48.73 | 7.06.50 | 7.18.15 |