

GERRY RYAN MEMORIAL GALA 2022

HOSTED BY LIMERICK SWIMMING CLUB

License Number 4L-21/22-M003

Date(s):	08th & 09th April 2022
Venue:	UL Sports Arena, Limerick
Format:	Long Course (LC)
Entries:	Write Gala Name, Your Name; Events on the outside of the envelope, Money Inside; Seal & post in the post box at pool reception
	Please discuss entries to your coach prior to submission
Age:	Age up - 31st December 2022 (year of birth)
Fees:	€8.00 per individual event
Closing Dat	e: Closing date for all entries is Saturday 12 th March 2022. Late entries cannot be accepted
Scratches:	entries cannot be accepted Scratches will be accepted until Friday 25th March 2022 AT 6pm
	www.limswim.ie





Meet Conditions

- 1. Swimmers must be members of Swim Ireland & Swim Ireland Rules will apply.
- 2. One Start rule will apply for this gala.
- 3. Heats will be run as an open event based on each swimmer's entry time in 10 lane formats.
- 4. All events will be H.D.W.
- 5. Medals will be awarded in all individual events for age groups 13-14, 15-16 & 17&O.
- 6. Swimmers must be at least 13 years of age prior to December 31st 2022 to enter this meet
- 7. Swimmers will be limited to a total of 8 individual swim events over the 2 days.
- 8. There are Qualification Times for all events except the 800m and the 1500m.
- **9.** No Times (NT's) will <u>not</u> be accepted other than in the 800m & 1500m freestyle event if time permits. Training times must be submitted in lieu of NT's.
- 10. All entry times must be official times and may be verified on the National database.
- 11. SC times converted to LC Qualifying Times (Achieved since 1st January 2020) will be accepted.
- **12.** Qualification standards will be waived for swimmers with disabilities who are classified through Paralympics Ireland.
- 13.A points system for the Gerry Ryan Perpetual Cup for best club will be applied.
- **14.** In the event of the meet being oversubscribed the organisers may have to restrict the number of heats. LSC will work with clubs to minimise any impact forswimmers.
- **15.** LSC will provide officials for this meet.
- **16.** The host club reserves the right to enter some swimmers outside the qualifying criteria.
- **17.** Session times may change depending on entries. You will be notified of changes one week before gala.
- **18.**The host club reserves the right to limit the number of swimmers attending the gala due to COVID concerns.





Gerry Ryan 2022 - ORDER OF EVENTS Session 1 - Friday Evening

Warm-up 6.30pm – 7.00pm Start

30 mins male/female mixed						
Event		Event				
No.		No.				
1	Male 800m Freestyle	4	Female 400 IM			
2	Female 800m Free	5	Mixed 1500m Freestyle			
3	Male 400 IM					
	Session 2 - Saturday Morning		Session 3 - Saturday Afternoon			
Warm-up 7:15am – 9.00am Start			Warm-up 1.00pm – 2.00pm Start			
Ν	Nale/female mixed - Club time slots	 	Tale/female mixed - Club time slots			
6	Boys 200m Breaststroke	20	Girls 100m Freestyle			
7	Girls 200m Breaststroke	21	Boys 100m Freestyle			
8	Boys 100m Butterfly	22	Girls 200m Butterfly			
9	Girls 100m Butterfly	23	Boys 200m Butterfly			
10	Boys 200m Backcrawl	24	Girls 200m Ind. Medley			
11	Girls 200m Backcrawl	25	Boys 200m Ind. Medley			
12	Boys 50m Backcrawl	26	Girls 50m Breaststroke			
13	Girls 50m Backcrawl	27	Boys 50m Breaststroke			
14	Boys 200m Freestyle	28	Girls 100m Backcrawl			
15	Girls 200m Freestyle	29	Boys 100m Backcrawl			
16	Boys 100m Breaststroke	30	Girls 400m Freestyle			
17	Girls 100m Breaststroke	31	Boys 400m Freestyle			
18	Boys 50m Butterfly	32	Girls 50m freestyle			
19	Girls 50m Butterfly	33	Boys 50m freestyle			





Gerry Ryan 2022

QUALIFICATION TIMES – MALE

	Gerry Ryan 2022 Qualification Times MALE Long Course Ages as of Dec 31st 2022							
EVENT	13	14	15	16	17 & O			
50FC	36.00	35.00	34.00	33.00	31.00			
100 FC	1.19.20	1.15.76	1.10.60	1.08.24	1.04.96			
200 FC	2.51.75	2.44.12	2.39.13	2.34.57	2.27.84			
400 FC	5.51.43	5.37.89	5.24.77	5.14.15	5.09.96			
800 FC	11.51.80	11.23.93	11.06.00	10.44.53	10.36.07			
1500 FC	22.52.29	22.07.42	21.37.42	20.48.82	20.46.79			
50 BC	41.00	41.00	37.00	37.00	37.00			
100 BC	1.31.79	1.28.27	1.22.47	1.19.70	1.16.76			
200 BC	3.13.26	3.07.88	2.59.69	2.56.57	2.48.92			
50 BRS	45.00	45.00	40.00	40.00	40.00			
100 BRS	1.44.79	1.39.91	1.33.04	1.31.32	1.25.20			
200 BRS	3.42.54	3.34.83	3.28.19	3.21.42	3.11.27			
50 FLY	44.00	44.00	39.00	39.00	39.00			
100 FLY	1.32.36	1.28.03	1.21.22	1.17.50	1.11.79			
200 FLY	3.21.95	3.11.32	3.02.38	2.54.87	2.49.85			
200 IM	3.12.94	3.06.88	2.59.84	2.56.36	2.49.27			
400 IM	6.44.42	6.32.00	6.02.73	5.52.06	5.48.05			





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QUALIFICATION TIMES – FEMALE

	Gerry Ryan 2022 Qualification Times FEMALE Long Course Ages as of Dec 31st 2022						
EVENT	13	14	15	16	17 & O		
50FC	37.00	36.00	35.00	34.50	34.00		
100 FC	1.21.49	1.17.78	1.14.11	1.13.40	1.11.29		
200 FC	2.54.65	2.48.47	2.45.95	2.42.28	2.39.15		
400 FC	5.56.27	5.50.60	5.37.84	5.34.09	5.25.93		
800 FC	12.05.47	11.49.59	11.41.86	11.31.51	11.17.27		
1500 FC	22.49.44	22.19.82	22.05.19	21.45.59	21.18.59		
50 BC	44.00	44.00	40.00	40.00	40.00		
100 BC	1.32.73	1.29.28	1.24.91	1.24.38	1.22.04		
200 BC	3.18.01	3.11.93	3.07.00	3.04.00	3.00.64		
50 BRS	49.00	49.00	44.00	44.00	44.00		
100 BRS	1.47.27	1.43.29	1.38.16	1.36.50	1.32.17		
200 BRS	3.46.57	3.44.39	3.32.24	3.30.26	3.24.08		
50 FLY	48.00	48.00	43.00	43.00	43.00		
100 FLY	1.34.25	1.30.68	1.25.02	1.22.19	1.20.10		
200 FLY	3.26.45	3.22.38	3.17.93	3.11.36	3.06.45		
200 IM	3.18.08	3.13.20	3.07.18	3.02.21	3.01.25		
400 IM	6.51.04	6.40.75	6.28.73	6.22.06	6.15.65		

