Munster Aspiring Champions

DATE: 26&27 March 2022 VENUE: University of Limerick

TIME: Saturday, Warm up 12 noon Start 1:00 pm Sunday, Warm up 9am Start 10:00 am

FEES: €5 per individual event, €16 per relay

CLOSING DATE: Friday 4th March Write Gala Name, Your Name; Events on the outside of the envelope, Money Inside; Seal & post in the post box at pool reception. Please discuss entries with your coach prior to submission

ALL SWIMMERS MUST BE REGISTERED WITH SWIM IRELAND

Age Up Date 31st. December 2022

All competing clubs must provide at least one official per six swimmers per session.

CLUBS MUST NOMINATE A MAXIMUM OF TWO SCORING SWIMMERS PER EVENT WHEN SUBMITTING THEIR ENTRIES. This should be done by completing the scoring form attached. FAILURE TO DO SO WILL RESULT IN ALL SWIMMERS BEING MARKED AS "exhibition".

Awards: No medals will be awarded.

Team awards will be given to the top 3 highest scoring teams at each meet and most

improved team between the first and second meet.

Events: 50, 100m, 200m all four strokes (50m Form Strokes 15&O)

200m, 400m Individual Medley

400m Freestyle

Mixed 800m, 1500m Freestyle

Male, Female and Mixed 4 x 50m FTR & MTR (13-16yrs, 17&O)

Entries: No qualifying times will be published, and the meet will be open to all athletes aged

13&over registered as competitive members. National Squad athletes will not be permitted to swim in these meets. Athletes who achieve one or more qualifying standards for the Super Series may choose to enter those events in the Super Series.

Swimmers may enter a total of five events ONLY

Scoring system for Aspiring Champions Series

- 1. Awards -
- i. Top three highest scoring teams on completion of Meet 1 and Meet 2 and the most improved team between Meet 1 and Meet 2
- ii. Separate awards will be made to Age Group (13-16yrs) and Open (13&over) winners (male and female combined)
- iii. Winning teams will receive a certificate to present on their club notice board
- 2. Each club is allowed to nominate a maximum of two scoring entries per individual event and one scoring entry per relay event per age group.
 - i. Individual Events 13/14, 15/16, 17&over
 - ii. Relay Events 13-16, Open (13&over)

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- 3. Swimmers can only score in two individual events per meet
- 4. Swimmers who have achieved a qualifying standard for the Super Series may not score in that same event
- 5. Additional swimmers and relays will be designated exhibition which means they get a time and a place, but they do not score toward the team total. Exhibition swimmers and relays appear on the meet sheet with an "x" before their seed time.
- 6. The top 8 individual and relay scoring places will be awarded points as follows:

| Meet Scoring | |
|-------------------|---------------------|
| Individual Events | 9-7-6-5-4-3-2-1 |
| Relay Events | 18-14-12-10-8-6-4-2 |

| Day 1 | Day 2 |
|-------------------------------|-------------------------------|
| Male 4 x 50m MTR | Female 4 x 50m MTR |
| Female 4 x 50m FTR | Male 4 x 50m FTR |
| Male 200m Free | Female 200m Free |
| Female 100m Breast | Male 100m Breast |
| Male 100m Back | Female 100m Back |
| Female 200m Butterfly | Male 200m Butterfly |
| Male 50m Breast | Female 50m Breast |
| Female 50m Back | Male 50m Back |
| Male 200m Individual Medley | Female 200m Individual Medley |
| Female 100m Free | Male 100m Free |
| Male 400m Free | Female 400m Free |
| Female 400m Individual Medley | Male 400m Individual Medley |
| Male 100m Butterfly | Female 100m Butterfly |
| Female 200m Back | Male 200m Back |
| Male 50m Free | Female 50m Free |
| Female 50m Butterfly | Male 50m Butterfly |
| Male 200m Breast | Female 200m Breast |
| Mixed 4 x 50m FTR | Mixed 4 x 50m MTR |
| Mixed 800m Freestyle | Mixed 1500m Freestyle |