

Munster Aspiring Champions Series Round 1 Meet 1

DATE: 23 & 24 October, 2021

VENUE: University of Limerick

TIME: Saturday, Warm up 9am Start 10:00am

Sunday, Warm up 9am Start 10:00am

FEES: €5 per individual event, €16 per relay.

CLOSING DATE: **All swimmers please discuss and submit entries to your coach, by Sunday 10th October**

ALL SWIMMERS MUST BE REGISTERED WITH SWIM IRELAND Age Up Date 31st December, 2021

All competing clubs must provide at least one official per six swimmers per session up to a maximum of three officials per session.

CLUBS MUST NOMINATE A MAXIMUM OF TWO SCORING SWIMMERS PER EVENT WHEN SUBMITTING THEIR ENTRIES. FAILURE TO DO SO WILL RESULT IN ALL SWIMMERS BEING MARKED AS "exhibition". Please see below as how this should be done *

Awards: No medals will be awarded.
Team awards will be given to the top 3 highest scoring teams at each meet and most improved team between the first and second meet.

Events: 50, 100m, 200m all four strokes (50m Form Strokes 15&O)
200m, 400m Individual Medley
400m Freestyle
Mixed 800m, 1500m Freestyle
Male, Female and Mixed 4 x 50m FTR & MTR (13-16yrs, 17&O)

Entries: No qualifying times will be published, and the meet will be open to all athletes aged 13&over registered as competitive members. **National Squad athletes will not be permitted to swim in these meets.** Athletes who achieve one or more qualifying standards for the Super Series may choose to enter those events in the Super Series. **Swimmers may enter two events per day, but swimmers who are only swimming on one day may enter three events.**
Swimmers who have achieved the cut off time in an event are not eligible to swim that event.

Scoring system for Aspiring Champions Series

1. Awards – prize money is to be used by the winning clubs to contribute towards a social event for the competing swimmers. The following awards will be presented:
 - i. Top three highest scoring teams (€200, €125, €75) on completion of Meet 1 and Meet 2 and the most improved team (€200) between Meet 1 and Meet 2
 - ii. Separate awards will be made to Age Group (13-16yrs) and Open (13&over) winners (male and female combined)
 - iii. Winning teams will receive a certificate to present on their club notice board
2. Each club is allowed to nominate a maximum of two scoring entries per individual event and one scoring entry per relay event per age group.
 - i. Individual Events – 13/14, 15/16, 17&over
 - ii. Relay Events – 13-16, Open (13&over)
3. Swimmers can only score in two individual events per meet

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4. Swimmers who have achieved a qualifying standard for the Super Series may not score in that same event
5. Additional swimmers and relays will be designated exhibition which means they get a time and a place, but they do not score toward the team total. Exhibition swimmers and relays appear on the meet sheet with an "x" before their seed time.
6. The top 8 individual and relay scoring places will be awarded points as follows:

Meet Scoring	
Individual Events	9-7-6-5-4-3-2-1
Relay Events	18-14-12-10-8-6-4-2

- When entering the swimmer, enter them as normal in the events in which they wish to swim and then decide on the events in which you wish the swimmer to score. On events where they are not to score tick the box marked "EXH" for those events. Please remember that swimmers can only score in two events. This will also apply to relays but only one relay can score.

Day 1	Day 2
Male 4 x 50m MTR	Female 4 x 50m MTR
Female 4 x 50m FTR	Male 4 x 50m FTR
Male 200m Free	Female 200m Free
Female 100m Breast	Male 100m Breast
Male 100m Back	Female 100m Back
Female 200m Butterfly	Male 200m Butterfly
Male 50m Breast	Female 50m Breast
Female 50m Back	Male 50m Back
Male 200m Individual Medley	Female 200m Individual Medley
Female 100m Free	Male 100m Free
Male 400m Free	Female 400m Free
Female 400m Individual Medley	Male 400m Individual Medley
Male 100m Butterfly	Female 100m Butterfly
Female 200m Back	Male 200m Back
Male 50m Free	Female 50m Free
Female 50m Butterfly	Male 50m Butterfly
Male 200m Breast	Female 200m Breast
Mixed 4 x 50m FTR	Mixed 4 x 50m MTR
Mixed 800m Freestyle	Mixed 1500m Freestyle

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CUT OFF TIMES SC

Male				FEMALE		
Born 2004	Born 2005	Born 2006 or Later		Born 2005	Born 2006	Born 2007 or Later
23.26	23.69	24.33	50m Freestyle	26.55	27.04	27.79
51.14	52.09	53.51	100m Freestyle	57.54	58.61	1:00.20
1:52.96	1:55.06	1:58.20	200m Freestyle	2:06.61	2:08.96	2:12.48
4:01.96	4:06.45	4:13.17	400m Freestyle	4:28.73	4:33.70	4:41.16
8:19.60	8:29.84	8:43.70	800m Freestyle	9:08.90	9:19.50	9:35.20
15:55.70	16:15.08	16:41.80	1500m Freestyle	17:25.74	17:45.23	18:16.49
56.66	57.71	59.28	100m Backstroke	1:04.65	1:05.85	1:07.65
2:03.82	2:06.11	2:09.55	200m Backstroke	2:19.87	2:22.46	2:26.34
1:02.27	1:03.43	1:05.16	100m Breaststroke	1:10.71	1:12.02	1:13.99
2:15.82	2:18.33	2:22.11	200m Breaststroke	2:34.74	2:37.61	2:41.91
55.45	56.47	58.01	100m Butterfly	1:02.56	1:03.71	1:05.45
2:03.78	2:06.07	2:09.51	200m Butterfly	2:18.57	2:21.14	2:24.99
2:06.20	2:08.70	2:12.40	200m I.M.	2:20.80	2:23.60	2:27.70
4:28.35	4:33.32	4:40.77	400m I.M.	5:00.20	5:05.77	5:14.10