

Mallow Swans Swimming Club

2020 Invitational Gala



We cordially invite you to participate in our Annual Invitational Gala which will provide swimmers with an opportunity to achieve times for Regional Development, Qualifying & Regional Championships level

Swim Ireland Level 2 Gala: Licence Number:-

M
A
L
L
O
W

S
W
A
N
S

S
C

Meet Dates: Fri 20th & Sat 21st March 2020

Venue: Mallow Town Swimming Pool

Closing Date: Wednesday 4th March 2020

Entries: Write Gala Date, Name and Events on the outside of the envelope, Money Inside, Seal and post in the Postbox at the pool reception

50m Events: Entry Times must be shown on Entry [if no time, enter NT]
100m/200m/ Events: Times are required /NTs not accepted

Entry Fees

Individual	€6.00 per event
Medley relay	€20.00 per team
Cannon Relay	No charge

Max 2 Entries for Friday Night **Max 4 Entries for Saturday**

Max 10 Swimmers/Club Friday **Max 20 swimmers/Club Saturday**

Age Groups / Medals / Awards

Medals will be awarded in all individual events in age groups as below

Medals: Age Groups 11&U 12/13 14/15 16&over

Awards:

Trophy: Best Away Club

Perpetual Cup: Best Overall Club

Relays

Relays: Swimmers eligible for U11 relays may not swim up in U16 relays.

Cannon Relay, run at the end of Day 2, only 1 Team per Club in Cannon

M
A
L
L
O
W

S
W
A
N
S

S
C



Mallow Swans Swimming Club

2020 Invitational Gala



Conditions

M
A
L
L
O
W

S
W
A
N
S

S
C

M
A
L
L
O
W

S
W
A
N
S

S
C

Swimmers must be:

at least 9 years of age as @ 31st December 2020 to compete at this gala of Development 1 Grade or above

SI registration Numbers MUST be included with all entries.

Swim Ireland Rules will apply

One Start rule will apply for this gala.

Heats will be run as open events according to fastest time and will all be run as HDW [Heat Declared Winners], with the fastest heats swimming last

Entries for 200m events will be limited to ensure compliance with SI rules.

Clubs will be informed of accepted entries prior to the gala

Max 2 Entries for Friday Night

Max 4 Entries for Saturday

Max 10 Swimmers/Club Friday

Max 20 swimmers/Club Saturday

MSSC reserves the right to:

Enter additional Swimmers in certain events

Limit the number of heats and/or entries to allow sessions finish on schedule

Events

Distance	50m	100m	200m
Free	✓	✓	✓
Back	✓	✓	✓
Breast	✓	✓	✓
Fly	✓	✓	✓
IM		✓	✓
Relays			
All age groups 4 x 50 Medley			✓
Cannon - Mixed Freestyle			✓

Other/general information.....

SHOP: Shop will be open from Gala Start

Teas/Coffees, Water + Sandwiches, cakes etc available for purchase

Restrictions on personnel poolside will be strictly enforced to ensure Health & Safety and effective running of gala. Poolside Seating will be available for Coaches/Team Managers on deck (based on entries).

All other Team Staff/Spectators are welcome in the spectator area.



Mallow Swans Swimming Club

2020 Invitational Gala



Order of Events (Electronic Timing will be used throughout Gala)

Session 1 Friday evening Warm Up 5.00pm (20 mins males followed by 20 mins females) Start 6.00pm		Session 3 Saturday afternoon Warm Up during lunch break, swimmers must be supervised by a Coach Start 2.00pm	
1 Boys	200m Freestyle	19 Boys	200 IM
2 Girls	200m Freestyle	20 Girls	200 IM
3 Boys	200 Breaststroke	21 Boys	100m Freestyle
4 Girls	200 Breaststroke	22 Girls	100m Freestyle
5 Boys	200 Backstroke	23 Boys	50 Fly
6 Girls	200 Backstroke	24 Girls	50 Fly
7 Boys	200 FLY	25 Boys	100 Backstroke
8 Girls	200 Fly	26 Girls	100 Backstroke
Session 2 Saturday morning Warm Up 8.00am (20 mins males followed by 20 mins females) Start 9.00am		27 Boys	50 Breaststroke
9 Boys	100 IM	28 Girls	50 Breaststroke
10 Girls	100 IM	33 Boys	200 Medley Relay 14-15
11 Boys	50 Freestyle	34 Girls	200 Medley Relay 14-15
12 Girls	50 Freestyle	35 Boys	200 Medley Relay 16 & O
13 Boys	100 FLY	36 Girls	200 Medley Relay 16 & O
14 Girls	100 FLY	Cannon Relay One Team per Club made up of one swimmer from each Age-Group (Male & Female)	
15 Boys	50 Backstroke		
16 Girls	50 Backstroke		
17 Boys	100 Breaststroke		
18 Girls	100 Breaststroke		
29 Boys	200 Medley Relay 11 & U		
30 Girls	200 Medley Relay 11 & U		
31 Boys	200 Medley Relay 12-13		
32 Girls	200 Medley Relay 12-13		

NOTE MSSC reserves the right to limit the number of heats and/or entries to allow sessions finish on schedule Events 29-36 * may not be run due to time constraints
 Cannon Relay** only one team per club may enter this event

Scratch Sheets

e-mail all scratches to mallowcompetitions@gmail.com

All scratches to be submitted by **Monday 16th March 8pm**. The Program will be Printed on Tuesday 17th and the Gala will run AS PER THE PROGRAM.

There will be NO Scratches taken at the Gala.

Please Note, if you scratch on time you will NOT be charged.



Mallow Swans Swimming Club

2020 Invitational Gala



SUMMARY SHEET

Boys Individual Entries @ €6.00 per Entry € _____

Girls Individual Entries @ €6.00 per Entry € _____

Boys Medley Relay Entries @ €20.00 per Entry € _____

Girls Medley Relay Entries @ €20.00 per Entry € _____

Cannon Relay @ €0.00 per Entry €xxxxxxx € NIL

TOTAL ENTRY FEES € _____

CLUB

Contact Person: _____

Address: _____

Phone: _____

e-mail: _____

Entry Fees to: Vincent Harris, Duinch Banteer, Co Cork (P51 ND62)

Closing Date: Monday 09th March 2020

Scratches

e-mail all scratches to mallowcompetitions@gmail.com

All scratches to be submitted by **Monday 16th March 8pm**. The Program will be Printed on Tuesday 17th and the Gala will run AS PER THE PROGRAM.

There will be NO Scratches taken at the Gala.

Please Note, if you scratch on time you will NOT be charged.

