

REGIONAL LC QUALIFYING MEET

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| VENUE: | CL | DATE: | 1 st and 2 nd Feb 2020 |
| TIME: | Saturday Warm Up 12:00 noon Start 1:00pm Sunday Warm Up 09:00 a.m. Start 09:30 a.m. | | |
| ENTRIES: | Write Club Name, Name and Events on the outside of the envelope, Money Order, Seal and post to the Postbox at the pool reception | | |
| FEES: | €5.00 per event | | |
| CLOSING DATE: | Saturday 11 th January 2020 | | |

ENTRIES RECEIVED AFTER THE CLOSING DATE WILL NOT BE ACCEPTED.

CONDITIONS: To promote ongoing participation and age appropriate competitions, swimmers who are 14 yrs of age plus on the 31st December, who may not have achieved all of the stated regional qualification standards, may participate in one or more Regional Qualifier events, if they have achieved any of the stated Qualification times. Swimmers entering the competition in this manner are eligible to swim in those events for which they have official consideration times only.

The stated qualification times for progression from Development 7 to Regional Qualifier standard in the 200 M, 200 F C and all 100 m events will apply. Entry times for all events must have been recorded electronically at a Swim Ireland licensed competition.

Once qualified, swimmers may enter any event on the Regional Qualifier programme. However, to enter in any 200m event, swimmers must already have an official 100m time in that particular event from any Swim Ireland licensed gala within the last 12 months.

Females who qualify for 100m Freestyle may also enter the 150m Freestyle, and Males who qualify for 150m Freestyle may also enter 100m Freestyle.

Medals will be presented in 10/15, 12/15, 14+ in individual events.

Withdrawals From Day 1: On scratch sheets, which must be posted by 12.01 on the first day.

Withdrawals From Day 2: On withdrawal sheets which must be handed to the records table prior to the announced time.

Fines: Fines of €30 are issued to a Club when a swimmer fails to swim in an event, unless they have been correctly withdrawn in advance, using the appropriate form and before the relevant deadline.