REGIONAL SC QUALIFYING MEET

Runs over 2 days

VENUE : UL DATE : 19th & 20th October 2019

TIME : Saturday Warm-Up 11.30am Start 12.30pm
Sunday Warm-Up 09.00 a.m. Start 10.00 a.m.

ENTRIES : **Write Gala Date, Name and Events on the outside of the envelope. Money Inside. Seal and post in the Feedbox at the pool reception**

Closing Date: Thursday 17th 2019 Entries without fees will not be accepted LATE ENTRIES WILL NOT BE ACCEPTED.

FEES: **On/Off set event.**

ENTRIES RECEIVED AFTER THE CLOSING DATE WILL NOT BE ACCEPTED.

CONDITIONS : Swimmers may enter in events in which they qualify (to a maximum of 6 events). Females who qualify for 800m Freestyle may also enter the 1500m Freestyle and Males who qualify for 1500m Freestyle may also swim 800m Freestyle

Medals will be presented in 10/11, 12/13, 14+ in individual events.

ALL EVENTS WILL BE HEAT DECLARED WINNER.

Session 1

1. Boys 1500m Freestyle
2. Girls 400m Ind. Medley
3. Boys 200m Breaststroke
4. Girls 200m Freestyle
5. Boys 100m Butterfly
6. Girls 200m Backstroke

Session 2

7. Boys 400m Freestyle
8. Girls 200m Ind. Medley
9. Boys 200m Backstroke
10. Girls 100m Butterfly
11. Boys 200m Freestyle
12. Girls 200m Breaststroke
13. Boys 100m Ind. Medley
14. Girls 800m Freestyle

Session 3

15. Girls 1500m Freestyle
16. Boys 400m Ind. Medley
17. Girls 100m Breaststroke
18. Boys 100m Freestyle
19. Girls 200m Butterfly
20. Boys 100m Backstroke

Session 4

21. Girls 400m Freestyle
22. Boys 200m Ind. Medley
23. Girls 100m Backstroke
24. Boys 200m Butterfly
25. Girls 100m Freestyle
26. Boys 100m Breaststroke
27. Girls 100m Ind. Medley
28. Boys 800m Freestyle