2019
McCullagh International Meet

ENTRY RULES & FORMS

Aurora Complex, Bangor
Friday 22nd to Sunday 24th February 2019

MEET CONDITIONS

These Meet Conditions must be read in conjunction with the Swim Ireland General Event Rules available on the SI website at
http://www.swimireland.ie/competitions-events/regulations-and-safety

Meet Type:	Full Olympic Programme plus 50m Form Strokes. Three 'Open' Olympic relay events per gender plus Mixed Medley Relay 200m IM, 200m Freestyle, 200m Backstroke, 200m Breaststroke, 200m Butterfly, 400m IM and 400m Freestyle individual events for Age Group and to be run as the second set of heats on Saturday and Sunday. 'Open A', 'Open B' and 'Age Group' integrated Finals for all available events other than Relays and 800m/1500m (Timed Finals) There are no restrictions on overseas swimmers/clubs proceeding to finals in this competition
Session Times:	Session 1: Friday 22nd. February Warm-up 0730; Competition 0900 Session 2: Friday 22nd. February Warm-up 1200; Competition 1300 Session 3: Friday 22nd. February Warm-up 1530; Competition 1700 Session 4: Saturday 23rd. February Warm-up 0730; Competition 0900 Session 5: Saturday 23rd. February Warm-up 1200; Competition 1300	Session 6: Saturday 23rd. February Warm-up 1530; Competition 1700 Session 7: Sunday 24th. February Warm-up 0730; Competition 0900 Session 8: Sunday 24th February Warm-up 1200; Competition 1300 Session 9: Sunday 24th February Warm-up 1530; Competition 1700
Age:	*Qualifying Times* to reflect three age groups per gender. Age Groups as: Age Group (Male 12-14 and Female 12-13); Youth (Male 15-18 and Female 14-17) and Open Youth Qualifying Times will be for male competitors born 2001 – 2004 and female competitors born 2002 – 2005 Age Group Qualifying Times will be for male competitors born 2005-2007 and female competitors born 2006-2007. *Finals* to reflect two age groups per gender Open: all Youth & Open swimmers Age Group: male competitors born 2005-2007 and female competitors born 2006-2007
Finals:	The fastest ten competitors from the open heats shall be allocated places in the A-Final and the next fastest ten competitors shall be allocated places in the B-Final, with two reserves The fastest ten swimmers in each Age Group event shall be allocated places in the Age Group Final, with two reserves
Team Leaders Meeting:	Technical meeting will take place on Thursday 21st February, at 7.30pm at the competition venue. Attendance at this meeting is mandatory. Each club must be represented by one or more delegates. A club (not a delegate) attending the meeting may also represent a maximum of one additional club. Any such representation must be declared in writing at the meeting. The representative is authorised to make withdrawals. A fine of €100 will be issued to clubs who fail to attend or are not represented at this meeting.

Accreditation:	Accreditation will be produced through the Go-Membership system. Club admins will need to apply for accreditation for swimmers, team managers & coaches. Please ensure that team managers & coaches meet all of the requirements for accreditations, otherwise they will not be awarded. Further information on accreditation will be circulated to clubs in the next few weeks.
Entry Deadline:	**Write Gala Date, Name and Events on the outside of envelope, Money Inside,Seal and post in the Postbox at the pool reception area before Sunday 27th January 2019**
Entry Fees:	**Individual Entries cost €10 per event. Relay entries €25 per event. Entries without fees and LATE ENTRIES NOT BE ACCEPTED.**
Relay Entries:	Clubs are permitted to enter more than one relay team per event. The names of the 4 relay team members swimming in the race and the order of swimming must be declared on the official Team Declaration Sheet and submitted to the Swim Office Table no later than 60 minutes before the start of the session in which the race takes place. Failure to do so will be subject to a fine of €50 without exception and disqualification of the relay team. All competing swimmers must be entered in the meet (*even if they are not swimming in individual events*). Relay teams that swim in an order that is different from the declared order of swimming shall be disqualified in accordance with FINA Rule SW 10.12.
Scoring:	Top 10 swimmers in each event receive points (10-1) based on final results. The Irish club team with the highest cumulative points are awarded the Dave McCullagh Memorial Trophy.
Awards:	Medals are awarded for top-3 placings.
Anti-Doping:	It is a condition of attending a Swim Ireland event that swimmers may be required to be tested for prohibited substances in accordance with the Sport Ireland/WADA/FINA Anti-Doping rules. For further information visit the Anti-Doping section of the Sport Ireland website.
Health & Safety:	Please refer to the Health & Safety guidelines at the back of this document and also the Swim Ireland Code of Practice for Safety (Swimming) on the Swim Ireland website.
Further Info:	Please direct all queries to entries@swimireland.ie.

Day 1 – Fri 22nd February 2019	Day 2 – Sat 23rd February 2019	Day 3 – Sun 24th February 2019
Session 1: 0900 - Heats	Session 4: 0900 – Heats	Session 7: 0900 – Heats
Female Open 800m Freestyle Relay (HDW) Male Open 800m Freestyle Relay (HDW) Female 14/Over 400m IM Male 15/Over 50m Backstroke Female 14/Over 50m Backstroke Male 15/Over 100m Freestyle Female 14/Over 100m Freestyle Male 15/Over 200m Butterfly Female 14/Over 200m Butterfly Male 15/Over 100m Breaststroke Female 14/Over 100m Breaststroke Male 15/Over 800m Freestyle HDW Female 14/Over 1500m Freestyle HDW Male Open 400m Medley Relay HDW Female Open 400m Medley Relay HDW	Male 15/Over 400m IM Female 14/Over 50m Butterfly Male 15 /Over 50m Butterfly Female 14/Over 200m Freestyle Male 15/Over 200m Freestyle Female 14/Over 100m Backstroke Male 15/Over 100m Backstroke Female 14/Over 200m Breaststroke Male 15/Over 200m Breaststroke Female 14/Over 800m Freestyle HDW Male 15/Over 1500m Freestyle HDW Female Open 400m Freestyle Relay HDW Male Open 400m Freestyle Relay HDW	Male 15/Over 50m Freestyle Female 14/Over 50m Freestyle Male 15/Over 50m Breaststroke Female 14/Over 50m Breaststroke Male 15/Over 200m Backstroke Female 14/Over 200m Backstroke Male 15/Over 100m Butterfly Female 14/Over 100m Butterfly Male 15/Over 200m IM Female 14/Over 200m IM Male 15/Over 400m Freestyle Female 14/Over 400m Freestyle Mixed Open 400m Medley Relay HDW
Session 2: 1300 – Heats	Session 5: 1300 – Heats	Session 8: 1300 – Heats
Female 12/13 years 400m IM Male 12/13/14 years 400m IM Female 12/13 years 400m Freestyle Male 12/13/14 years 400m Freestyle	Female 12/13 years 200m IM Male 12/13/14 years 200m Freestyle Female 12/13 years 200m Breaststroke Male 12/13/14 years 200m Backstroke Female 12/13 years 200m Butterfly	Male 12/13/14 years 200m IM Female 12/13 years 200m Freestyle Male 12/13/14 years 200m Breaststroke Female 12/13 years 200m Backstroke Male 12/13/14 years 200m Butterfly

Session 3: 1700 - Finals	Session 6: 1700 - Finals	Session 9: 1700 - Finals
Female Open 800m Freestyle Relay (Fastest Heat)	Male 15/Over 400m IM 'B' & 'A' Finals	Male 15/Over 50m Freestyle 'B' & 'A' Finals
Male Open 800m Freestyle Relay (Fastest Heat)	Female 14/Over 50m Butterfly 'B' & 'A' Finals	Female 14/Over 50m Freestyle 'B' & 'A' Finals
Female 400m IM 'B' & 'A' Finals	Male 15/Over 50m Butterfly 'B' & 'A' Finals	Male 12/13/14 years 200m IM Final
Male 15/Over 50m Backstroke 'B' & 'A' Finals	Female 12/13 years 200m IM Final	Male 15/Over 50m Breaststroke 'B' & 'A' Finals
Female 15/Over 50m Backstroke 'B' & 'A' Finals	Female 14/Over 200m Freestyle 'B' & 'A' Finals	Female 14/Over 50m Breaststroke 'B' & 'A' Finals
Male 15/Over 100m Freestyle 'B' & 'A' Finals	Male 15/Over 200m Freestyle 'B' & 'A' Finals	Female 12/13 years 200m Freestyle Final
Female 14/Over 100m Freestyle 'B' & 'A' Finals	Male 12/13/14 years 200m Freestyle Final	Male 15/Over 200m Backstroke 'B' & 'A' Finals
Male 15/Over 200m Butterfly 'B' & 'A' Finals	Female 14/Over 100m Backstroke 'B' & 'A' Finals	Female 14/Over 200m Backstroke 'B' & 'A' Finals
Female 14/Over 200m Butterfly 'B' & 'A' Finals	Male 15/Over 100m Backstroke 'B' & 'A' Finals	Male 12/13/14 years 200m Breaststroke Final
Male 15/Over 100m Breaststroke 'B' & 'A' Finals	Female 12/13 years 200m Breaststroke Final	Male 15/Over 100m Butterfly 'B' & 'A' Finals
Female 14/Over 100m Breaststroke 'B' & 'A' Finals	Female 14/Over 200m Breaststroke 'B' & 'A' Finals	Female 14/Over 100m Butterfly 'B' & 'A' Finals
Male 15/Over 800m Freestyle (Fastest Heat)	Male 15/Over 200m Breaststroke 'B' & 'A' Finals	Female 12/13 years 200m Backstroke Final
Female 14/Over 1500m Freestyle (Fastest Heat)	Male 12/13/14 years 200m Backstroke Final	Male 15/Over 200m IM 'B' & 'A' Finals
Male Open 400m Medley Relay (Fastest Heat)	Female 12/13 years 200m Butterfly Final	Female 15/Over 200m IM 'B' & 'A' Finals
Female Open 400m Medley Relay (Fastest Heat)	Male 15/Over 1500m Freestyle (Fastest Heat)	Male 12/13/14 years 200m Butterfly Final
	Female 14/Over 800m Freestyle HDW	Male 15/Over 400m Freestyle 'B' & 'A' Finals
	Male Open 400m Freestyle Relay (Fastest Heat)	Female 14/Over 400m Freestyle 'B' & 'A' Finals
	Female Open 400m Freestyle Relay (Fastest Heat)	Mixed Open 400m Medley Relay (Fastest Heat)

PROGRAMME OF EVENTS

McCullagh International Meet 2019
Long Course Qualifying Times
(Achieved Long Course Only in the Period 1st May 2018 – 21st January 2019)

MALE			EVENT	FEMALE		
Age Group Born 2005-2007	Youth Born 2001-2004	Senior Born 2000 or Earlier		Senior Born 2001 or Earlier	Youth Born 2002-2005	Age Group Born 2006-2007
	26.74	25.52	50m Freestyle	28.41	29.22	
	57.91	54.53	100m Freestyle	1:00.82	1:03.39	
2:23.00	2:09.57	2:01.96	200m Freestyle	2:13.10	2:18.19	2:35.96
5:12.05	4:34.20	4:25.77	400m Freestyle	4:43.78	4:53.39	5:40.91
	10:04.86	9:39.25	800m Freestyle	9:58.62	10:16.87	
	18:46.03	17:59.87	1500m Freestyle	19:59.69	20:24.77	
	32.36	30.57	50m Backstroke	33.14	34.91	
	1:08.03	1:05.34	100m Backstroke	1:09.41	1:12.65	
2:43.44	2:29.39	2:27.97	200m Backstroke	2:32.47	2:36.34	2:57.98
	36.15	33.18	50m Breaststroke	37.08	40.10	
	1:17.09	1:12.44	100m Breaststroke	1:20.12	1:23.50	
3:09.20	2:49.18	2:42.07	200m Breaststroke	2:54.10	3:00.13	3:25.02
	30.20	27.44	50m Butterfly	31.26	33.36	
	1:05.56	59.79	100m Butterfly	1:09.44	1:12.43	
3:08.55	2:28.96	2:17.36	200m Butterfly	2:38.32	2:48.39	3:26.81
2:40.50	2:26.82	2:20.53	200m IM	2:32.22	2:37.56	2:54.63
5:55.97	5:24.43	5:12.87	400m IM	5:28.40	5:36.48	6:17.61

McCullagh International Meet 2019
Short Course Qualifying Times
(Achieved Short Course Only in the Period 1st May 2018 – 21st January 2019)

MALE			EVENT	FEMALE		
Age Group Born 2005-2007	Youth Born 2001-2004	Open		Open	Youth Born 2002-2005	Age Group Born 2006-2007
	25.96	24.78	50m Freestyle	27.90	28.69	
	56.23	52.95	100m Freestyle	59.73	1:02.25	
2:19.71	2:06.59	1:59.15	200m Freestyle	2:11.50	2:16.53	2:34.09
5:06.43	4:29.26	4:20.99	400m Freestyle	4:37.37	4:46.99	5:34.51
	9:55.30	9:29.20	800m Freestyle	9:48.90	10:07.50	
	18:22.02	17:35.86	1500m Freestyle	19:35.69	20:00.76	
	31.80	29.90	50m Backstroke	32.50	34.30	
	1:06.06	1:03.45	100m Backstroke	1:08.58	1:11.78	
2:38.70	2:25.06	2:23.68	200m Backstroke	2:30.64	2:34.46	2:55.84
	35.30	32.20	50m Breaststroke	36.20	39.30	
	1:14.39	1:09.90	100m Breaststroke	1:17.80	1:21.08	
3:02.58	2:43.26	2:36.40	200m Breaststroke	2:50.97	2:56.89	3:21.33
	29.60	26.70	50m Butterfly	30.70	32.80	
	1:04.77	59.07	100m Butterfly	1:08.95	1:11.92	
3:05.16	2:26.28	2:14.89	200m Butterfly	2:37.21	2:47.21	3:25.36
2:38.00	2:24.10	2:17.70	200m IM	2:29.02	2:34.36	2:51.43
5:49.57	5:18.03	5:06.47	400m IM	5:22.00	5:30.08	6:11.21

MALE ENTRY FORM

Please complete this form fully and correctly otherwise your entry will not be accepted.

FULL NAME *(Print)*: _____ Swim Ireland Reg No._____

CLUB (*Print*): _____Date of Birth: _____

Event No.	Event	Time Achieved	Date Achieved (Including Meet Name)
4	50m Backstroke		
6	100m Freestyle		
8	200m Butterfly		
10	100m Breaststroke		
12	800m Freestyle		
20	400m Ind. Medley		
22	50m Butterfly		
24	200m Freestyle		
26	100m Backstroke		
28	200m Breaststroke		
30	1500m Freestyle		
38	50m Freestyle		
40	50m Breaststroke		
42	200m Backstroke		
44	100m Butterfly		
46	200m Ind. Medley		
48	400m Freestyle		

(Entry times must have been achieved in the Period 1st July 2017 – 21st January 2018)

I certify that the above information is correct: _____
(Club Secretary)

FEMALE ENTRY FORM

Please complete this form fully and correctly otherwise your entry will not be accepted.

FULL NAME *(Print):* _____ Swim Ireland Reg No._____

CLUB (*Print*): _____Date of Birth:_____

Event No.	Event	Time Achieved	Date Achieved (Including Meet Name)
3	400m Ind. Medley		
5	50m Backstroke		
7	100m Freestyle		
9	200m Butterfly		
11	100m Breaststroke		
13	1500m Freestyle		
21	50m Butterfly		
23	200m Freestyle		
25	100m Backstroke		
27	200m Breaststroke		
29	800m Freestyle		
39	50m Freestyle		
41	50m Breaststroke		
43	200m Backstroke		
45	100m Butterfly		
47	200m Ind. Medley		
49	400m Freestyle		

(Entry times must have been achieved in the Period 1st July 2017 – 21st January 2018)

I certify that the above information is correct: _____
(Club Secretary)

AGE GROUP MALE ENTRY FORM

Please complete this form fully and correctly otherwise your entry will not be accepted.

FULL NAME *(Print):* _____   Swim Ireland Reg No._____

CLUB (*Print*): _____Date of Birth: _____

Event No.	Event	Time Achieved	Date Achieved (Including Meet Name)
17	400m Ind. Medley		
19	400m Freestyle		
34	200m Freestyle		
36	200m Backstroke		
51	200m Ind. Medley		
53	200m Breaststroke		
55	200m Butterfly		

(Entry times must have been achieved in the Period 1st July 2017 – 21st January 2018)

AGE GROUP FEMALE ENTRY FORM

Please complete this form fully and correctly otherwise your entry will not be accepted.

FULL NAME *(Print):* _____   Swim Ireland Reg No._____

CLUB (*Print*): _____Date of Birth: _____

Event No.	Event	Time Achieved	Date Achieved (Including Meet Name)
16	400m In. Medley		
18	400m Freestyle		
33	200m Ind. Medley		
35	200m Breaststroke		
37	200m Butterfly		
52	200m Freestyle		
54	200m Backstroke		

(Entry times must have been achieved in the Period 1st July 2017 – 21st January 2018)

I certify that the above information is correct: _____
(Club Secretary)

RELAY & ENTRY SUMMARY SHEET

Event No.	Event	'A' Team Entry Time	'B' Team Entry Time
1	Women's 4 x 200m FTR		
2	Men's 4 x 200m FTR		
14	Men's 4 x 100m MTR		
15	Women's 4 x 100m MTR		
31	Women's 4 x 100m FTR		
32	Men's 4 x 100m FTR		
39	Mixed 4 x 100m MTR		

Entry Times for Relays MUST be included.
It is accepted that Entry Time for Relay Events will be approximations for HDW seeding purposes only

Relay Entries: _____   @ €25 Each = €_____

Individual Entries: _____   @ €10 Each = €_____

TOTAL AMOUNT ENCLOSED: €_____

CLUB: _____   CONTACT: _____

PHONE: _____   EMAIL: _____

Payment Options:
Please reference all payments as "2018 McCullagh International" and include club details.

Bank Transfer:
EURO   Sterling
Bank: AIB   **Bank: Danske Bank**
Sort Code: 932515   **Sort Code: 950111**
Account Number: 59772048   **Account Number: 51051490**
IBAN: IE03 AIBK 9325 1559 7720   **IBAN: GB55 DABA 9501 1151 0514 90**
48 BIC: AIBKIE2D   **BIC: DABAGB2B**

Cheque/Postal Order:
Made payable to Swim Ireland

Credit Card:
Credit card payments can be made over the phone by calling the Swim Ireland offices at +353-1-6251127

Swim Ireland Safety Statement - Issues

Safety is the responsibility of every individual involved in the sport.

**Risks identified must be reported to either a Club or Meet Official
and formally reported to the facility operator.**

All accidents must be formally reported.

General

1) By Law all facilities are required to have a Safety Statement in operation. Clubs and Meet Organisers should satisfy themselves that this is the case.
2) Any accidents, however minor, must be reported to Swim Ireland (standard Accident Report Form available).
3) ALL volunteers who work/help at Swim Ireland events are advised to read the Swim Ireland Safety Statement which is available upon request from the Office.

Clubs

1) All Clubs should obtain and read a copy of the Safety Statement of the pool they are hiring.
2) It is recommended that clubs identify risks and formally report them in writing to the relevant personnel at the facility.

All Meets
(Club, Regional and National)

1) Following a meet at which an incident/accident occurred, the Organiser and Race Referee must complete a Meet Accident Report Form and include their contact details.
2) All who attend meets are urged to report any accidents to either the Meet Organiser who immediately reports to the Race Referee or to the Referee directly. Where an accident occurs, Swim Ireland must be informed as soon as possible with a full report presented.
3) "Safety at Swim Meets" must be included in all Programmes for all Meets run under Swim Ireland rules. It must also be read out at the start of every session with emphasis placed on item 3 above.
4) Officials should be advised by the Race Referee to report any concerns they have over possible risks at the facility and to ensure that reporting procedures are followed.
5) Under FINA Law the Referee is in total control of all persons attending the meet and the Referee should take all reasonable steps to ensure their safety.

Safety at Swim Meets

<u>All accidents, however minor must be reported, in writing, to Swim Ireland.</u>

We would ask the co-operation of swimmers, coaches, spectators and clubs in the application of the following safety measures. They are in place for everyone's safety.

1. **General***;*

i.   Everyone attending Meets must familiarise themselves with the locations and operation of emergency exits.
ii.   Anyone observing anything they consider to be a safety hazard should report it to a Meet Official.
iii. All persons attending Meets must take all steps to ensure their own safety and the safety of others.
iv.   All walkways must be kept clear of bags, equipment, etc.

2. **Starting***;*

i.   It is the responsibility of competitors, coaches and clubs to ensure that all swimmers are sufficiently competent to dive start from competition starting blocks. Alternatively, swimmers are reminded that they may start from the poolside.
ii.   In the event of a false start, swimmers should perform a safe entry and Not fall into the water.

3. **Warm-Up;**

i.   Swimmers and coaches must ensure that they (and swimmers in their charge) take no action that would endanger themselves or others.
ii.   The instructions of those in authority must be obeyed immediately.
iii. Swimmers are not permitted to dive or jump into lanes other than sprint lanes and then only when the area is sufficiently clear to make a safe entry.
iv.   Do not start sprinting in a sprint lane until non-sprinting swimmers have cleared it.
v.   On finishing a sprint immediately clear the way for the following swimmer(s).

4. **Around the Pool** (e.g. spectator area, foyer area, etc.)

i.   Swimmers are not permitted to enter dry areas without first having changed and put on footwear.
ii.   Where there is a balcony or rail - swimmers are not permitted to climb over it.
iii. Glass bottles are not permitted outside designated refreshment areas.

Thank you for your co-operation in making the Meets a safe experience for all.