

MUNSTER DEVELOPMENT 1 GALA

SI Licence No.

DATE: 12th January 2019

VENUE: Mallow

FEES: €15 per swimmer

Write Gala Date, Name and Events on the outside of envelope, Money Inside, Seal and post in the clun Postbox at the pool reception area before Sunday 16TH December 2018

Entries without fees and LATE ENTRIES NOT BE ACCEPTED.

WARM UP: 9am. Start 10am

Mallow: Mallow, Fermoy, Waterford, Carrick Dippers, Splashworld, Kingfisher, Tiger Sharks, Dungarvan, Clonmel, Dolphin, Blackrock, Streamline, Sundays Well

Swimmers may enter one 100m and three 50m events **OR** two 100m events and one 50m event.

Once a swimmer achieves a cut of time in an event they are no longer eligible to swim that event in Development 1 galas, but may swim the event in Development 2 galas. However, to be eligible to compete in four events in Dev 2, swimmers must achieve the cut off time in the 100m Freestyle **and** the 100m Ind. Medley event **or** the 100m Freestyle **and** 2 of the 50m events (Back, Breast or Fly), **or** the 100m Ind. Medley **and** 2 of the 50m events (Back, Breast or Fly). They will then be eligible to swim in Development 2 galas, and will no longer be considered Development 1 swimmers.

SESSION 1.

1. Boys 100m Freestyle
 2. Girls 100m Ind. Medley
 3. Boys 50m Breaststroke
- Medal Presentations Events 1 – 3**
4. Girls 50m Backstroke
 5. Boys 50m Butterfly
 6. Girls 50m Freestyle
- Medal Presentations Events 4 – 6**

SESSION 2.

7. Boys 100m Ind. Medley
 8. Girls 100m Freestyle
 9. Boys 50m Backstroke
- Medal Presentations Events 7 - 9**
10. Girls 50m Breaststroke
 11. Boys 50m Freestyle
 12. Girls 50m Butterfly
- Medal Presentations Events 10 - 12**

Medals will be presented in 10-11, 12/13, 14+ age groups. There is no senior category

GRADE 3

BOYS		CUT OFF TIME			GIRLS	
2008/09	2006/07	2005 +	EVENT	2008/09	2006/07	2005+
1.25.00	1.20.00	1.18.00	100m Free	1.33.00	1.28.00	1.23.00
1.39.00	1.34.00	1.32.00	100m IM	1.48.00	1.43.00	1.38.00
53.00	50.00	47.00	50m Brs	54.00	51.00	48.00
47.00	44.00	41.00	50m B/C	49.00	46.00	43.00
52.00	49.00	46.00	50m Fly	55.00	52.00	49.00

All competing clubs must provide at least one official per four swimmers per session up to a maximum of four officials per session.

Clubs MUST indicate on their scratch sheets the person who is responsible for their swimmers for the relevant competition

Only swimmers who have NOT achieved the cut off times are eligible to swim in these galas.