

Date: 16 &amp; 17 February 2019

Venue: ISL

Times: Warm-Up Session 1 Sat 12 noon Start 1pm

Warm-Up Session 2 Sun 9am Start 10am

Warm-up times for Session 2 &amp; 4 will be advised when entries have been received

Fees: £2 per event.

**Write Gala Date, Name and Events on the outside of envelope. Money Inside. Seal and post in the Postbox at the pool reception area before Wednesday the 23<sup>rd</sup> of January 2019**

**Entries without fees and LATE ENTRIES NOT BE ACCEPTED.**

Swimmers may enter in events in which they qualify for a maximum of 6 events. Swimmers who have achieved the cut off time (which is the qualifying time for the Irish Open Championships 2018) within the relevant time period will not be eligible to enter the event in which they have the time. Females who qualify for 800m Freestyle may also enter the 1500m Freestyle and Males who qualify for 2000m Freestyle may also enter 800m Freestyle.

All times should be submitted as either 'L' or 'W' as they were achieved, and will be converted on receipt of entries.

All events will be 100m

#### **Session 1**

1. Boys 1500m Freestyle
2. Girls 800m Ind. Medley
3. Boys 200m Breaststroke
4. Girls 200m Freestyle
5. Boys 100m Butterfly
6. Girls 200m Backstroke
7. Boys 50m Freestyle

#### **Session 2**

8. Boys 800m Freestyle
9. Girls 100m Butterfly
10. Boys 200m Backstroke
11. Girls 200m Breaststroke
12. Boys 200m Freestyle
13. Girls 800m Freestyle

#### **Session 3**

14. Girls 1500m Freestyle
15. Boys 800m Ind. Medley
16. Girls 200m Breaststroke
17. Boys 200m Freestyle
18. Girls 200m Butterfly
19. Boys 200m Backstroke
20. Girls 50m Freestyle

#### **Session 4**

21. Girls 800m Freestyle
22. Boys 100m Ind. Medley
23. Girls 200m Backstroke
24. Boys 200m Butterfly
25. Girls 100m Freestyle
26. Boys 200m Breaststroke
27. Girls 200m Ind. Medley
28. Boys 800m Freestyle