

Munster Meets 2018/2019

This document is intended as a guideline for swimmers, coaches and parents. The Technical Group have spent quite some time working on this. There may be a need for amendments or clarification to rules. We apologise for any errors or omissions.

The following meet conditions will apply to all competitions, but all meets will have specific meet conditions

- **Relays** – One swimmer may swim up in age, but must remain in that age group for all relays in the competition in galas where there are age group relays.
- **Entry Times** – All entry times must have been achieved within the previous fifteen months.
- **Electronic Times** – Only times achieved where electronic timing was used will be accepted for all competitions of Development “2” standard and above.
- **Age Up Date** – The age up date will be 30th December in the year of the competition.
- **Age for Competition** - Swim Ireland policy states that swimmers should not compete in galas above club level until they are ten years of age for Development and Qualifying meets. It was agreed that for future galas where there are age groups this would be included in the conditions. However, in Championship events the lower age limit will be as per the meet conditions.
- **Closing Dates** – All closing dates would be three weeks before the competition. However, this may be amended to permit entries to be accepted if a gala takes place the weekend of the closing date.
- **Entries on the Day** – Entries can be taken at the discretion of the referee in certain situations at Development 1 & 2 galas. At galas other than Development 1 & 2 submitted entries will be returned to the clubs for verification, amendments etc. before the competition and a date for the return will be specified. No changes or additions will be taken after that date.
- **Scratches – Qualifying & Championship Meets.** Swimmers who fail to scratch, but then do not swim in an event will be subject to a fine of €50 per event not swum. This fine will NOT be imposed if a swimmer produces a medical certificate within 72 hours of the finish of the competition. If a swimmer withdraws on medical grounds they are not eligible to participate any further in the meet. Latest times for withdrawals will be announced at either the Technical meeting or over the PA during the meet.
- **Seeding** - Non-conforming times will be seeded in the first heats (i.e. In a Long Course competition swimmers entered on SC times will be seeded slower than swimmers entered on LC times and vice-versa in a Short course competition). Conversion times will NOT be accepted where there are LC and SC qualifying standards.
- **Officials** - All competing clubs must provide at least one official per four swimmers per session up to a maximum of four officials per session. Failure to provide the required officials will result in a fine of €50 per official per session.

Gala Progression

MUNSTER DEVELOPMENT 1 GALA

3 Opportunities

Swimmers may enter one 100m and three 50m events **OR** two 100m events and one 50m event.

Cost €15 per gala

Once a swimmer achieves a cut of time in an event they are no longer eligible to swim that event in Development 1 galas, but may swim the event in Development 2 galas.

However, to be eligible to compete in four events in Dev 2, swimmers must achieve the cut off time in the 100m Freestyle **and** the 100m Ind. Medley event **or** the 100m Freestyle **and** 2 of the 50m events (Back, Breast or Fly), **or** the 100m Ind. Medley **and** 2 of the 50m events (Back, Breast or Fly). They will then be eligible to swim in Development 2 galas, and will no longer be considered Development 1 swimmers.

Development 1

BOYS		CUT OFF TIME			GIRLS	
2007/08	2005/06	2004 +	EVENT	2007/08	2005/06	2004+
1.25.00	1.20.00	1.18.00	100m Free	1.33.00	1.28.00	1.23.00
1.39.00	1.34.00	1.32.00	100m IM	1.48.00	1.43.00	1.38.00
53.00	50.00	47.00	50m Brs	54.00	51.00	48.00
47.00	44.00	41.00	50m B/C	49.00	46.00	43.00
52.00	49.00	46.00	50m Fly	55.00	52.00	49.00

Only swimmers who have NOT achieved the cut off times are eligible to swim in these galas.

MUNSTER DEVELOPMENT “2” MEET

3 Opportunities

Swimmers will be confined to four events per gala.

Cost €5 per event

Swimmers who achieve a cut off time in any event are no longer eligible to swim that event at Development 2 galas, but may swim that event at qualifying meets.

To fully progress to Munster Qualifying Meets swimmers must achieve the qualifying times in 200m Frontcrawl and 200m IM or the 200m Frontcrawl and two of the other 100m events (either the 100m Fly, or 100m Backstroke or 100m Breaststroke or 100m IM), or the 200m IM and two of the other 100m events (either the 100m Fly, or 100m Backstroke or 100m Breaststroke or 100m IM).

BOYS		Cut Off Times			GIRLS	
2007/08	2005/06	2004 +	EVENT	2007/08	2005/06	2004 +
1.37.90	131.19	1.27.24	100m Back	1.46.17	1.37.92	1.34.30
1.46.91	1.39.47	1.36.95	100m Brs	2.00.68	1.52.36	1.48.20
1.31.15	1.24.87	1.21.73	100 Fly	1.42.37	1.35.31	1.31.78
1.22.67	1.16.97	1.14.12	100 Free	1.32.45	1.26.08	1.22.90
1.36.66	1.30.00	1.26.67	100 IM	1.46.00	1.38.69	1.35.04
3.03.06	2.50.44	2.44.13	200 Free	3.20.92	3.07.05	3.00.32
3.29.30	3.14.86	3.05.05	200 IM	3.44.48	3.29.00	3.21.36

REGIONAL SC QUALIFYING MEET (1 Opportunity)

Run over 2 days

Swimmers may enter in 50m and 100m events in which they qualify. Swimmers who have attained full qualification standards are also eligible to swim 200m, 400m, 800m and 1500m events without having attained the consideration times. Swimmers who have achieved the cut off time (which is the qualifying time for the Irish Short Course Championships 2017) within the relevant time period will not be eligible to swim the event in which they have the time.

Females who qualify for 800m Freestyle may also enter the 1500m Freestyle and Males who qualify for 1500m Freestyle may also swim 800m Freestyle.

Swimmers may enter in six events ONLY.

Fees €6.00 per event

Cut off	BOYS			Consideration Times SC	GIRLS			Cut Off
	2007/08	2005/06	2004 +		2007/08	2005/06	2004+	
				EVENT				
26.28	38.07	35.45	34.14	50m Free	43.15	40.18	38.70	29.27
57.02	1.22.67	1.16.97	1.14.12	100 Free	1.32.45	1.26.08	1.22.90	1.03.76
2.06.27	3.03.06	2.50.44	2.44.13	200 Free	3.20.92	3.07.05	3.00.32	2.18.71
4.37.10	6.51.99	6.14.28	6.00.23	400 Free	7.07.92	6.38.41	6.23.66	4.55.13
18.00.47	26.10.65	24.30.61	23.40.59	1500/800 F/C	14.24.27	13.24.67	12.54.87	9.56.07
30.32	N/A	N/A	39.41	50 Back	N/A	N/A	44.80	34.48
1.07.11	1.37.90	1.31.19	1.27.24	100 Back	1.46.17	1.37.92	1.34.30	1.12.55
2.25.66	3.31.18	3.16.62	3.09.34	200 Back	3.46.53	3.30.91	3.23.10	2.36.24
32.38	N/A	N/A	42.07	50 Breast	N/A	N/A	50.08	38.53
1.14.43	1.46.91	1.39.47	1.36.95	100 Breast	2.00.68	1.52.36	1.48.20	1.23.24
2.48.22	4.04.01	3.47.19	3.38.68	200 Breast	4.21.74	4.03.72	3.55.22	3.00.59
27.65	N/A	N/A	35.93	50 Fly	N/A	N/A	40.61	31.25
1.02.89	1.31.15	1.24.87	1.21.73	100 Fly	1.42.37	1.35.31	1.31.78	1.10.60
2.26.73	3.32.74	3.18.07	3.10.74	200 Fly	3.47.26	3.31.59	3.23.76	2.36.75
1.06.69	1.36.66	1.30.00	1.26.67	100 IM	1.46.00	1.38.69	1.35.04	1.13.11
2.22.36	3.29.30	3.14.86	3.05.05	200 IM	3.44.48	3.29.00	3.21.36	2.34.82
5.04.16	7.21.00	6.50.59	6.35.39	400 IM	8.02.57	7.29.29	7.12.65	5.32.81

REGIONAL LC QUALIFYING MEET (2 Opportunities)

Run over 2 days

Swimmers may enter in 50m and 100m events in which they qualify. Swimmers who have attained full qualification standards are also eligible to swim 200m, 400m, 800m and 1500m events without having attained the consideration times. Swimmers who have achieved the cut off time (which is the qualifying time for the Irish Open Championships 2018) within the relevant time period will not be eligible to swim the event in which they have the time.

Females who qualify for 800m Freestyle may also enter the 1500m Freestyle and Males who qualify for 1500m Freestyle may also swim 800m Freestyle.

There are SC and LC qualifying times for this meet. SC entries will be seeded in the first heats.

Conversions will NOT be accepted

All events will be HDW. Swimmers are confined to six events.

Fees €6.00 per event

BOYS EVENT	Consideration Times						Cut off
	2007/08		2005/06		2004 +		
	SC	LC	SC	LC	SC	LC	
50m Free	38.07	39.21	35.45	36.51	34.14	35.16	24.94
100 Free	1.22.67	1.25.14	1.16.97	1.19.27	1.14.12	1.16.33	57.66
200 Free	3.03.06	3.07.37	2.50.44	2.54.45	2.44.13	2.47.99	2.06.32
400 Free	6.51.99	6.59.54	6.14.28	6.21.14	6.00.23	6.06.63	4.32.50
1500/800 F/C	26.10.65	26.41.18	24.30.61	24.58.77	23.40.59	24.07.93	18.22.08
50 Back	N/A	N/A	N/A	N/A	39.41	39.90	30.93
100 Back	1.37.90	1.40.82	1.31.19	1.33.91	1.27.24	1.29.85	1.07.19
200 Back	3.31.18	3.37.49	3.16.62	3.22.50	3.09.34	3.14.99	2.25.00
50 Breast	N/A	N/A	N/A	N/A	42.07	42.80	33.03
100 Breast	1.46.91	1.50.79	1.39.47	1.43.08	1.36.95	1.40.47	1.15.83
200 Breast	4.04.01	4.12.86	3.47.19	3.55.43	3.38.68	3.46.61	2.51.58
50 Fly	N/A	N/A	N/A	N/A	35.93	36.40	28.20
100 Fly	1.31.15	1.32.26	1.24.87	1.25.90	1.21.73	1.22.72	1.04.15
200 Fly	3.32.74	3.36.64	3.18.07	3.21.70	3.10.74	3.14.24	2.24.00
200 IM	3.29.30	3.31.20	3.14.86	3.16.90	3.05.05	3.07.20	2.25.21
400 IM	7.21.00	7.36.99	6.50.59	7.05.49	6.35.39	6.49.73	5.10.24

GIRLS	Consideration Times						Cut Off
EVENT	2007/08		2005/06		2004+		
	SC	LC	SC	LC	SC	LC	
50m Free	43.15	43.94	40.18	40.92	38.70	39.41	28.49
100 Free	1.32.45	1.35.16	1.26.08	1.27.66	1.22.90	1.24.41	1.01.91
200 Free	3.20.92	3.23.36	3.07.05	3.09.32	3.00.32	3.02.51	2.16.76
400 Free	7.07.92	7.10.94	6.38.41	6.41.22	6.23.66	6.26.36	4.52.03
1500/800 F/C	14.24.27	14.31.00	13.24.67	13.31.90	12.54.87	13.02.40	9.54.41
50 Back	N/A	N/A	N/A	N/A	44.80	45.30	33.76
100 Back	1.46.17	1.47.46	1.37.92	1.39.11	1.34.30	1.35.45	1.11.23
200 Back	3.46.53	3.49.28	3.30.91	3.33.47	3.23.10	3.25.57	2.35.41
50 Breast	N/A	N/A	N/A	N/A	50.08	50.68	37.73
100 Breast	2.00.68	2.04.28	1.52.36	1.55.72	1.48.20	1.51.43	1.20.50
200 Breast	4.21.74	4.26.54	4.03.72	4.08.19	3.55.22	3.59.53	3.00.00
50 Fly	N/A	N/A	N/A	N/A	40.61	31.90	30.60
100 Fly	1.42.37	1.43.09	1.35.31	1.35.98	1.31.78	1.32.43	1.11.00
200 Fly	3.47.26	3.48.86	3.31.59	3.33.08	3.23.76	3.25.20	2.39.88
200 IM	3.44.48	3.46.30	3.29.00	3.30.90	3.21.36	3.23.40	2.36.00
400 IM	8.02.57	8.11.42	7.29.29	7.37.53	7.12.65	7.20.58	5.39.47

MUNSTER SC CHAMPIONSHIPS

Swimmers must qualify in events in which they wish to enter. However, swimmers who have qualified in one event ONLY may enter two bonus events, swimmers who qualify in two events may also enter one bonus event. Bonus events do NOT include 400m, 800m or 1500m events.

Swimmers who qualify for 800m Freestyle may also enter 1500m Freestyle and vice versa

Swimmers who qualify for 800m may also 1500m and vice versa

Cost: €7.00 per event

Events in which there are 10 or less entrants will be HDW and will be swum with the finals.

QT – Qualifying Time

CT – Consideration Time

MALE				Event	FEMALE			
2002+ (16 & U)		2001 – (17 & O)			2002- (16&O)		2003+ (15 & U)	
QT	CT	QT	CT	QT	CT	QT	CT	
32.83	33.48	31.52	32.83	50m Freestyle	35.73	36.57	36.57	37.30
1.11.27	1.12.69	1.08.42	1.11.27	100m Freestyle	1.16.53	1.19.68	1.19.68	1.21.27
2.37.82	2.40.97	2.31.51	2.37.82	200m Freestyle	2.46.45	2.53.38	2.53.38	2.56.84
5.46.57	5.53.39	5.32.52	5.46.57	400m Freestyle	5.54.15	6.08.90	6.08.90	6.16.27
Swimmers who have qualified for 1500m may also enter this event				800m Freestyle	11.24.72	13.10.00	13.10.00	13.25.00
23.38.00	24.29.70	21.36.05	23.38.00	1500m Freestyle	Swimmers who have qualified for 800m may also enter this event			
37.89	38.64	36.38	37.89	50m Backstroke	41.36	43.08	43.08	43.94
1.24.48	1.25.55	1.20.53	1.24.48	100m Backstroke	1.27.05	1.30.67	1.30.67	1.32.48
3.02.06	3.05.70	2.54.78	3.02.06	200m Backstroke	3.07.48	3.15.29	3.15.29	3.19.19
40.45	41.25	38.84	40.45	50m Breaststroke	46.23	48.15	48.15	49.11
1.32.03	1.34.89	1.29.31	1.32.03	100m Breaststroke	1.39.88	1.44.04	1.44.04	1.46.12
3.30.37	3.34.47	3.21.86	3.30.37	200m Breaststroke	3.36.69	3.45.71	3.45.71	3.50.22
34.55	35.24	33.17	34.55	50m Butterfly	37.49	39.05	39.05	39.83
1.18.59	1.20.16	1.16.45	1.18.59	100m Butterfly	1.24.72	1.28.25	1.28.25	1.30.01
3.03.40	3.07.06	2.56.07	3.03.40	200m Butterfly	3.08.09	3.15.92	3.15.92	3.19.83

1.23.34	1.25.00	1.20.01	1.23.34	100m IM	1.27.73	1.31.38	1.31.38	1.33.20
2.57.93	3.01.48	2.50.82	2.57.93	200m IM	3.05.78	3.13.52	3.13.52	3.17.39
6.20.18	6.27.78	6.04.98	6.20.18	400m IM	6.39.37	6.56.01	6.56.01	7.04.33

MUNSTER REGION LC CHAMPIONSHIPS 2019

Qualifying Times

Swimmers must qualify in events in which they wish to enter. However, swimmers who have qualified in one event ONLY may enter two bonus events, swimmers who qualify in two events may also enter one bonus event. Bonus events do NOT include 400m, 800m or 1500m events.
Cost: €7.00 per event

Events in which there are 10 or less entrants will be HDW and will be swum with the finals.

MALE	Qualifying Time	Consideration Times	Event	FEMALE	Qualifying Time	Consideration Times
2007/08	36.27	37.85	50m Freestyle	2007/08	36.95	38.56
2005/06	34.16	35.65		2005/06	34.75	36.26
2003/04	31.01	32.36		2003/04	33.30	34.75
2002 +	28.67	29.92		2002 +	32.75	34.17
2007/08	1.15.81	1.19.11	100m Freestyle	2007/08	1.18.25	1.21.65
2005/06	1.12.19	1.15.28		2005/06	1.14.30	1.17.52
2003/04	1.07.38	1.10.26		2003/04	1.13.72	1.15.99
2002 +	1.03.84	1.06.62		2002 +	1.10.58	1.13.64
2007/08	2.45.84	2.53.05	200m Freestyle	2007/08	2.48.93	2.52.28
2005/06	2.35.73	2.43.57		2005/06	2.42.34	2.49.40
2003/04	2.30.86	2.35.73		2003/04	2.37.89	2.44.76
2002 +	2.22.51	2.28.71		2002 +	2.34.56	2.41.28
2007/08	5.55.24	6.10.8	400m Freestyle	2007/08	6.02.47	6.16.14
2005/06	5.40.21	5.55.05		2005/06	5.47.23	6.01.27
2003/04	5.19.12	5.32.90		2003/04	5.40.75	5.55.57
2002 +	5.14.57	5.28.25		2002 +	5.27.30	5.46.32
2007/08	MAX 1 HEAT		800m Freestyle	2007/08	MAX 1 HEAT	
2005/06	MAX 1 HEAT			2005/06	MAX 1 HEAT	
2003/04	MAX 1 HEAT			2003/04	MAX 1 HEAT	
2002 +	MAX 1 HEAT			2002 +	MAX 1 HEAT	
2007/08	MAX 1 HEAT		1500m Freestyle	2007/08	MAX 1 HEAT	
2005/06	MAX 1 HEAT			2005/06	MAX 1 HEAT	
2003/04	MAX 1 HEAT			2003/04	MAX 1 HEAT	
2002 +	MAX 1 HEAT			2002 +	MAX 1 HEAT	
2003/04	34.05	35.53	50m Backstroke	2003/04	37.58	41.23
2002 +				2002 +		

2007/08	1.29.40	1.33.14	100m Backstroke	2007/08	1.30.21	1.34.13
2005/06	1.25.46	1.29.14		2005/06	1.26.54	1.30.30
2003/04	1.19.53	1.22.99		2003/04	1.24.52	1.28.20
2002 +	1.16.30	1.19.72		2002 +	1.22.02	1.25.59
2007/08	3.08.74	3.16.95	200m Backstroke	2007/08	3.13.80	3.23.23
2005/06	3.03.01	3.10.97		2005/06	3.07.24	3.15.48
2003/04	2.53.10	3.00.63		2003/04	3.01.02	3.08.89
2002 +	2.44.95	2.52.12		2002 +	2.57.40	3.05.16
2003/04	36.92	38.53	50m Breaststroke	2003/04	41.97	43.80
2002 +				2002 +		
2007/08	1.43.06	1.47.54	100m Breaststroke	2007/08	1.45.64	1.50.30
2005/06	1.37.86	1.42.12		2005/06	1.41.16	1.44.69
2003/04	1.31.80	1.35.91		2003/04	1.37.42	1.41.66
2002 +	1.24.39	1.29.10		2002 +	1.32.81	1.36.85
MALE	QUALIFYING TIME			FEMALE	QUALIFYING TIME	
2007/08	3.40.03	3.49.60	200m Breaststroke	2007/08	3.44.56	3.56.32
2005/06	3.32.38	3.41.61		2005/06	3.41.89	3.51.53
2003/04	3.20.56	3.28.24		2003/04	3.28.97	3.38.06
2002 +	3.08.75	3.16.96		2002 +	3.20.60	3.31.36
2003/04	30.95	32.30	50m Butterfly	2003/04	34.98	36.50
2002 +				2002 +		
2007/08	1.29.82	1.33.73	100m Butterfly	2007/08	1.31.83	1.35.92
2005/06	1.25.21	1.28.92		2005/06	1.28.03	1.31.86
2003/04	1.17.19	1.20.55		2003/04	1.22.18	1.26.75
2002 +	1.13.36	1.16.03		2002 +	1.19.96	1.23.44
2007/08	3.17.99	3.26.50	200m Butterfly	2007/08	3.22.78	3.31.60
2005/06	3.06.67	3.15.19		2005/06	3.18.41	3.27.07
2003/04	2.51.28	2.58.73		2003/04	3.08.85	3.17.06
2002 +	2.45.95	2.43.17		2002 +	3.03.62	3.11.60
2007/08	3.11.36	3.19.68	200m IM	2007/08	3.13.95	3.22.38
2005/06	3.03.45	3.11.43		2005/06	3.08.67	3.16.87
2003/04	2.52.89	3.03.39		2003/04	2.59.11	3.06.89
2002 +	2.45.32	2.52.51		2002 +	2.58.08	3.05.72
2007/08	6.52.82	7.10.77	400m IM	2007/08	6.59.89	7.18.15
2005/06	6.39.13	6.56.59		2005/06	6.48.73	7.06.50
2003/04	6.00.12	6.15.78		2003/04	6.32.89	6.49.87
2002 +	5.55.89	6.11.36		2002 +	6.25.84	6.42.62