

**MUNSTER DEVELOPMENT 1 GALA**  
**(SI Licence TBC)**

**DATE & VENUE:** 4<sup>th</sup> March

**Location:** Mullins, Spiddinstown, Waterford, Carrick, Clonard, Fermoy, Kinsale, Bandon, Dungarvan, Stranahan, Dolphin, Rosbeg, Trillick, Blackrock

**Trainers:** Ballyvaughan, Carrara, Killybeg, Kinsale, West Cork Area, Clonsilla, Ardaraun, Eoin, Lismore, Newmarket, Tiger Sports, Nenagh.

**TIME:** 9.00am warm up 10.00am start.

**FEES:** €17.00 per entrant to cover all individual events.  
 Charges to be made payable to "Munster Region (Irish Ireland)".  
 All fees MUST be received prior to the competition. Fees should be sent to: Tom O'Brien, Main Office, O'Brien's Bridge, Co. Limerick.

**ENTRIES RECEIVED AFTER THE CLOSING DATE WILL NOT BE ACCEPTED.**

**CLOSING DATE 21<sup>st</sup> February 2016.**

**Entries to [patdonovan22@gmail.com](mailto:patdonovan22@gmail.com)**

**Entrants must enter in either the 100m Freestyle or the 100m Ind. Medley, and may enter a total of 2 (two) events ONLY!**

Times must be submitted for all entrants for the compulsory events i.e. 100m F/C and 100m IM. Clubs may submit training times, but these must be signed off by a club Official.

1 Boys 100m Freestyle

7 Boys 100m Ind. Medley

2 Girls 100m Ind. Medley

8 Girls 100m Freestyle

3 Boys 50m Backstroke

9 Boys 50m Backstroke

Medal Presentations Events 1 - 3

Medal Presentations Events 7 - 9

4 Girls 50m Backstroke

10 Girls 50m Backstroke

5 Boys 50m Butterfly

11 Boys 50m Freestyle

6 Girls 50m Freestyle

12 Girls 50m Butterfly

Medal Presentations Events 4 - 6

Medal Presentations Events 10 - 12

Medals will be presented in 100L, 121L, 14+ age groups. There is no senior category.

There are no qualifying standards, but cut-off times will be in force i.e. if a entrant has a faster time a cut-off time they will not be eligible to enter in that event.

BOYS			CUT OFF TIME		GIRLS		
10 - 11	12-13	14+	EVENT	10 - 11	12-13	14+	
1:30.00	1:25.00	1:20.00	100m Free	1:30.00	1:28.00	1:23.00	
1:48.00	1:39.00	1:34.00	100m IM	1:48.00	1:43.00	1:37.00	
53.00	50.00	47.00	50m Back	54.00	51.00	48.00	
47.00	44.00	41.00	50m B/C	48.00	46.00	43.00	
52.00	49.00	46.00	50m Fly	53.00	52.00	49.00	

Entrants achieving the cut-off time in the 100m Freestyle and the 100m Ind. Medley event or the 100m Freestyle and 2 of the 50m events ( Back, Breast or Fly), or the 100m Ind. Medley and 2 of the 50m events ( Back, Breast or Fly) will then be eligible to enter in Development "U" galas, and will no longer be considered Development "U" entrants.