

# TIPPERARY TIGERSHAERKS SWIMMING CLUB

4th Institutional Club (under Swim Ireland Rules)

Open Sunday 7<sup>th</sup> February 2017

Swim Tracy Swimming Pool, Tipperary Town

License No.: 20-26-17-0017

## Session 1: Warm up (10), Start time (10:00)

Event 1	Girls (10m Freestyle)	Event 2	Boys (10m Freestyle)
Event 3	Girls (10m Backstroke)	Event 4	Boys (10m Backstroke)
Event 5	Girls (10m Breaststroke)	Event 6	Boys (10m Breaststroke)
Event 7	Girls (10m Butterfly)	Event 8	Boys (10m Butterfly)
Event 9	Girls (10m Medley)	Event 10	Boys (10m Medley)

Warm up sessions for events 1-10 will be held at the end of session 1.

## Session 2: Start time (10:30)

Event 11	Girls (10m Individual Medley)	Event 12	Boys (10m Individual Medley)
Event 13	Girls (10m Freestyle)	Event 14	Boys (10m Freestyle)
Event 15	Girls (10m Butterfly)	Event 16	Boys (10m Butterfly)
Event 17	Girls (10m Breaststroke)	Event 18	Boys (10m Breaststroke)

Event 19	Girls 11 and under (10m medley relay)	Event 20	Boys 11 and under (10m medley relay)
Event 21	Girls 17 and under (10m medley relay)	Event 22	Boys 17 and under (10m medley relay)

Event 23 Mixed (10m Freestyle) Common Relay

Warm up sessions for events 11-22 will be held at the end of session 2.

## ENTRY RULES

1. All swimmers must be registered with Swim Ireland & registration number must be included with entry.
2. Minimum age is 7 years. Age up date is on the day of the gala, 10<sup>th</sup> February 2017.
3. All events are Short Distance Swims, entry times must be shown on the entry forms, if no time, then enter as 00.
4. In the interest of safety and time the number of events swimmers may enter might be restricted and the number of heat/stage may be limited or amended if necessary. Clubs will be notified of this.
5. Entry fee: €1.00 per event, 1 event before - free, Medley before: €10 per team.
6. Entry is by invitation and is FREE until 1:00 PM on 6<sup>th</sup> Monday the 27<sup>th</sup> January 2017.
7. Entries without fees and with 100% entry will be accepted.
8. Medals will be in Age Groups (under 9, 10-11, 12-13, 14-15 & 16-18).
9. Presentation of medals will be made at the end of the first session and at the end of the second session.
10. There will be an Overall Best Team Trophy awarded on the day of the gala.
11. Warm up at 9:30am, gala starts 10:00am.
12. Please email back entries to: [tipperarysportsclub@gmail.com](mailto:tipperarysportsclub@gmail.com) (16) tigershaerks.
13. Any queries please contact through message 0876396060 or tigershaerks 087 6396060.