



2016
Irish Age Groups – Division 2

ENTRY RULES & FORMS

UL Sport, Limerick
Thursday 30th June – Sunday 3rd July 2016



Irish Age Groups Division 2

UL Arena, Limerick
30th June – 3rd July, 2016

MEET CONDITIONS

| | | |
|-----------------------|--|---|
| Meet Location: | UL Sport, University of Limerick | |
| Pool Specifications: | 25 metre, 8 lane, indoor competition pool with wave-breaker lane ropes. Warm-up/swim-down pool also available during the meet. | |
| Meet Type: | <p>National Age Group Meet – this event is not open to swimmers from overseas clubs</p> <p>Please note that age groups are based on a swimmer's Year of Birth</p> <p>Ind. Age Groups: Girls: 8-10 (2008-2006); 11/12(2005/2004); 13/14(2003/2002); 15-18(2001-1998); Boys: 8-11(2008-2005); 12/13(2004/2003); 14/15(2002/2001); 16-18(2000-1998)</p> <p>Relay Age Groups: Girls: 14&U(2002+), 15-18(2001-1998); Boys: 15&U(2001+), 16-18(2000-1998)</p> <p>There will be one final per age group for all 100m and 200m events. All 400m, 800m and 1500m events will be Timed Finals with all heats swum in the heats session</p> | |
| Session Times: | <p>Session 1: Thursday 30th June Warm-up 3.00pm; Competition 4.00pm</p> <p>Session 2: Friday 1st July Warm-up 7.30am; Competition 9.15am</p> <p>Session 3: Friday 1st July Warm-up 4.15pm; Competition 5.30pm</p> <p>Session 4: Saturday 2nd July Warm-up 7.30am; Competition 9.15am</p> | <p>Session 5: Saturday 2nd July Warm-up 4.15pm; Competition 5.30pm</p> <p>Session 6: Sunday 3rd July Warm-up 7.30am; Competition 9.15am</p> <p>Session 7: Sunday 3rd July Warm-up 3.15pm; Competition 4.30pm</p> |
| Team Leaders Meeting: | <p>Technical meeting will take place on Thursday 30th June (after Session 1) exact time and venue TBC. Attendance at this meeting is mandatory. Each club must be represented by one or more delegates. A club (not a delegate) attending the meeting may also represent a maximum of one additional club. Any such representation must be declared in writing at the meeting. The representative is authorised to make withdrawals. A fine of €100 will be issued to clubs who fail to attend or are not represented at this meeting.</p> | |
| Entry Limit: | <p>There will be no entry limit for this event.</p> <p>Swimmers may only enter events in which they have qualified</p> | |
| Eligibility: | <p>A swimmer who has achieved an Irish Age Groups Championships & Summer Open time in ANY event in the fifteen months prior to that year's Division 2 competition IS NOT permitted to enter Division 2. <i>Should a swimmer enter Division 2 and subsequently achieve an Irish Age Groups Championships & Summer Open time before the start date of Division 2, their entry for Division 2 will be returned.</i> Entry fees can be refunded, or carried forward to the Irish Age Groups Championships.</p> <p>If a club is found to have entered a swimmer in Division 2 who has achieved an Irish Age Group Championships & Summer Open qualifying time then the club will be levied with a fine of €500.</p> | |

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| | |
|-----------------|---|
| Entry Form: | <p>Electronic Hy-tek entries are accepted via Hy-tek to the Swim Ireland Office at entries@swimireland.ie</p> <p>Paper entries should be posted to the Swim Ireland Office at Irish Sport HQ, National Sports Campus, Blanchardstown, Dublin 15, Ireland marked "2016 IAG Division 2"</p> <p>Paper entries are only required where Hy-tek is not used.</p> |
| Entry Deadline: | <p>Tuesday 7th June, 2016 for Hy-tek and Paper entries.</p> <p>Payment should be received by Friday 10th June, 2016</p> |
| Entry Fees: | <p>Individual entries cost €8.00/£6.00 per event.</p> <p>Relay entries cost €32.00/£24.00 per event.</p> <p>No entry will be processed until the appropriate fee has been received at the Swim Ireland Office. Payment options are detailed in the Entry Summary Sheet.</p> <p><i>Please note that entries are non-refundable once the final date for payment has passed with the exception of swimmers qualifying for IAG Championships & becoming ineligible for Division 2</i></p> |
| Relay Entries: | <p>Clubs are permitted to enter more than one relay team per event. The names of the 4 relay team members swimming in the race and the order of swimming must be declared on the official Team Declaration Sheet and submitted to the Swim Office Table no later than 60 minutes before the start of the session in which the race takes place. Failure to do so will be subject to a fine of €50 without exception and disqualification of the relay team.</p> <p>The swimmers may change between heats and finals. All competing swimmers must be entered in the meet (<i>even if they are not swimming in individual events</i>). Relay teams that swim in an order that is different from the declared order of swimming shall be disqualified in accordance with FINA Rule SW 10.12.</p> <p>Any relay found to have swum IAG Championship level swimmers will forfeit relay medals which will be awarded to the next eligible relay.</p> |
| Seeding: | <p>Please note that for this meet, non-conforming times will be seeded in the first heats (i.e. swimmers entered on LC times will be seeded slower than swimmers entered on SC times)</p> |
| Awards: | <p>Any swimmer found to have entered Division 2 on times slower than they have achieved in the preceding fifteen months will be fined €50 and will forfeit their medal which will be awarded to the next placed swimmer.</p> |
| Further Info: | <p>Please direct all queries to entries@swimireland.ie or +353-1-6251142.</p> |

*Please note that swimmers who achieve IAG Championships & Summer Open qualification standards at Division 2 are **NOT** eligible to enter IAG Championships.*

These Meet Conditions must be read in conjunction with the Swim Ireland General Event Rules available on the SI website at <http://www.swimireland.ie/high-performance-swimming/national-competitions/competition-rules-safety>

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ORDER OF EVENTS

| Session 1: Thursday 30 th June | | | | | | | | |
|---|---|------------------------|--|---|----------------------|--|---|----------------------|
| Warm up 3pm, start 4pm | | | | | | | | |
| | 1 | G | 800m Freestyle (HDW) | | | | | |
| | 2 | B | 1500m Freestyle (HDW) | | | | | |
| Session 2: Friday 1 st July | | | Session 4: Saturday 2 nd July | | | Session 6: Sunday 3 rd July | | |
| Warm up – 7.30am, start 9.15am – | | | Warm up – 7.30am, start 9.15am – | | | Warm up – 7.30am, start 9.15am – | | |
| 1 | G | 400m Ind. Medley (HDW) | 13 | B | 400m Freestyle (HDW) | 20 | G | 400m Freestyle (HDW) |
| 2 | B | 400m Ind. Medley (HDW) | 14 | G | 100m Butterfly | 21 | B | 200m Breaststroke |
| 3 | G | 100m Backstroke | 15 | B | 100m Butterfly | 22 | G | 200m Breaststroke |
| 4 | B | 100m Backstroke | 16 | G | 200m Backstroke | 23 | B | 200m Butterfly |
| 5 | G | 200m Freestyle | 17 | B | 200m Backstroke | 24 | G | 200m Butterfly |
| 6 | B | 200m Freestyle | 18 | G | 200m Ind. Medley | 25 | B | 100m Freestyle |
| 7 | G | 100m Breaststroke | 19 | B | 200m Ind. Medley | 26 | G | 100m Freestyle |
| 8 | B | 100m Breaststroke | | | | | | |
| Session 3: Friday 1 st July | | | Session 5: Saturday 2 nd July | | | Session 7: Sunday 3 rd July | | |
| Warm up – 4.15pm, start 5.30pm – | | | Warm up – 4.15pm, start 5.30pm – | | | Warm up – 3.15pm, start 4.30pm – | | |
| 3 | G | 100m Backstroke | 14 | G | 100m Butterfly | 21 | B | 200m Breaststroke |
| 4 | B | 100m Backstroke | 15 | B | 100m Butterfly | 22 | G | 200m Breaststroke |
| 5 | G | 200m Freestyle | 16 | G | 200m Backstroke | 23 | B | 200m Butterfly |
| 6 | B | 200m Freestyle | 17 | B | 200m Backstroke | 24 | G | 200m Butterfly |
| 7 | G | 100m Breaststroke | 18 | G | 200m Ind. Medley | 25 | B | 100m Freestyle |
| 8 | B | 100m Breaststroke | 19 | B | 200m Ind. Medley | 26 | G | 100m Freestyle |
| 9 | G | 14&U 4x50m MTR (HDW) | | | | 27 | G | 14&U 4x50m FTR (HDW) |
| 10 | B | 15&U 4x50m MTR (HDW) | | | | 28 | B | 15&U 4x50m FTR (HDW) |
| 11 | G | 15&O 4x50m MTR (HDW) | | | | 29 | G | 15&O 4x50m FTR (HDW) |
| 12 | B | 16&O 4x50m MTR (HDW) | | | | 30 | B | 16&O 4x50m FTR (HDW) |

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QUALIFICATION STANDARDS

| FEMALE | | | | | | | | |
|---------|----------------|----------|-------------|----------|-------------|----------|-------------|----------|
| | 2006 & younger | | 2005 & 2004 | | 2003 & 2002 | | 2001 - 1998 | |
| Event | LC | SC | LC | SC | LC | SC | LC | SC |
| 100 FC | 1.19.96 | 1.18.39 | 1.16.36 | 1.14.86 | 1.12.03 | 1.10.62 | 1.10.46 | 1.09.08 |
| 200 FC | 2.54.48 | 2.51.06 | 2.43.79 | 2.40.58 | 2.34.09 | 2.31.07 | 2.32.70 | 2.29.71 |
| 400 FC | 6.14.99 | 6.07.64 | 5.53.45 | 5.46.52 | 5.29.84 | 5.23.37 | 5.23.58 | 5.17.24 |
| 800 FC | 13.27.68 | 13.11.84 | 12.31.17 | 12.16.44 | 11.32.02 | 11.18.45 | 11.09.43 | 10.56.30 |
| 100 BC | 1.33.31 | 1.31.48 | 1.29.10 | 1.27.35 | 1.23.87 | 1.22.23 | 1.21.57 | 1.19.97 |
| 200 BC | 3.15.66 | 3.11.82 | 3.04.17 | 3.00.56 | 2.57.10 | 2.53.63 | 2.54.90 | 2.51.47 |
| 100 BRS | 1.47.01 | 1.44.91 | 1.41.22 | 1.39.24 | 1.36.61 | 1.34.72 | 1.34.93 | 1.33.07 |
| 200 BRS | 3.45.07 | 3.40.66 | 3.34.93 | 3.30.72 | 3.25.12 | 3.21.10 | 3.18.01 | 3.14.13 |
| 100 FLY | 1.33.98 | 1.32.14 | 1.29.75 | 1.27.99 | 1.22.90 | 1.21.27 | 1.20.19 | 1.18.62 |
| 200 FLY | 3.34.99 | 3.30.77 | 3.25.30 | 3.21.27 | 3.04.97 | 3.01.34 | 2.54.45 | 2.51.03 |
| 200 IM | 3.23.16 | 3.19.18 | 3.10.08 | 3.06.35 | 2.58.68 | 2.55.18 | 2.54.76 | 2.51.33 |
| 400 IM | 7.07.57 | 6.59.19 | 6.48.32 | 6.40.31 | 6.30.38 | 6.22.73 | 6.11.60 | 6.04.31 |

| MALE | | | | | | | | |
|---------|----------------|----------|-------------|----------|-------------|----------|-------------|----------|
| | 2005 & younger | | 2004 & 2003 | | 2002 & 2001 | | 2000 - 1998 | |
| Event | LC | SC | LC | SC | LC | SC | LC | SC |
| 100 FC | 1.17.37 | 1.15.85 | 1.13.88 | 1.12.43 | 1.08.47 | 1.07.13 | 1.04.48 | 1.03.22 |
| 200 FC | 2.50.48 | 2.47.14 | 2.39.71 | 2.36.58 | 2.25.47 | 2.22.62 | 2.20.35 | 2.17.60 |
| 400 FC | 6.00.99 | 5.53.91 | 5.39.38 | 5.32.73 | 5.15.38 | 5.09.20 | 5.03.30 | 4.57.35 |
| 1500 FC | 24.30.30 | 24.01.47 | 22.53.09 | 22.26.17 | 20.48.96 | 20.24.47 | 20.12.68 | 19.48.90 |
| 100 BC | 1.29.10 | 1.27.35 | 1.25.08 | 1.23.41 | 1.19.12 | 1.17.57 | 1.17.53 | 1.16.01 |
| 200 BC | 3.08.33 | 3.04.64 | 2.58.55 | 2.55.05 | 2.44.73 | 2.41.50 | 2.41.35 | 2.38.19 |
| 100 BRS | 1.44.96 | 1.42.90 | 1.39.28 | 1.37.33 | 1.30.54 | 1.28.76 | 1.27.58 | 1.25.86 |
| 200 BRS | 3.41.50 | 3.37.16 | 3.30.31 | 3.26.19 | 3.10.76 | 3.07.02 | 3.06.28 | 3.02.63 |
| 100 FLY | 1.32.24 | 1.30.43 | 1.28.09 | 1.26.36 | 1.17.16 | 1.15.65 | 1.12.50 | 1.11.08 |
| 200 FLY | 3.21.97 | 3.18.01 | 3.12.87 | 3.09.09 | 2.54.18 | 2.50.76 | 2.41.81 | 2.38.64 |
| 200 IM | 3.11.74 | 3.07.98 | 3.03.10 | 2.59.51 | 2.46.78 | 2.43.51 | 2.41.90 | 2.38.73 |
| 400 IM | 6.44.12 | 6.36.20 | 6.25.93 | 6.18.36 | 5.54.84 | 5.47.88 | 5.37.27 | 5.30.66 |

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MALE ENTRY FORM

Please complete this form fully and correctly otherwise your entry will not be accepted.

FULL NAME (*Print*): _____ Swim Ireland Reg No. _____

CLUB (*Print*): _____ Date of Birth: _____

| Event No. | Event | Time Achieved | Date Achieved (Including Meet Name) |
|-----------|-------------------|---------------|-------------------------------------|
| 2 | 1500m Freestyle | | |
| 4 | 400m Ind. Medley | | |
| 6 | 100m Backstroke | | |
| 8 | 200m Freestyle | | |
| 10 | 100m Breaststroke | | |
| 15 | 400m Freestyle | | |
| 17 | 100m Butterfly | | |
| 19 | 200m Backstroke | | |
| 21 | 200m Ind. Medley | | |
| 23 | 200m Breaststroke | | |
| 25 | 200m Butterfly | | |
| 27 | 100m Freestyle | | |

**Entry Standards must have been achieved in Open Competition since 30th March 2015*

I certify that the above information is correct: _____
(Club Secretary)

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FEMALE ENTRY FORM

Please complete this form fully and correctly otherwise your entry will not be accepted.

FULL NAME (*Print*): _____ Swim Ireland Reg No. _____

CLUB (*Print*): _____ Date of Birth: _____

| Event No. | Event | Time Achieved | Date Achieved (Including Meet Name) |
|-----------|-------------------|---------------|-------------------------------------|
| 1 | 200m Freestyle | | |
| 3 | 400m Ind. Medley | | |
| 5 | 100m Backstroke | | |
| 7 | 200m Freestyle | | |
| 9 | 100m Breaststroke | | |
| 16 | 100m Butterfly | | |
| 18 | 200m Backstroke | | |
| 20 | 200m Ind. Medley | | |
| 22 | 400m Freestyle | | |
| 24 | 200m Breaststroke | | |
| 26 | 200m Butterfly | | |
| 28 | 100m Freestyle | | |

**Entry Standards must have been achieved in Open Competition since 30th March 2015*

I certify that the above information is correct: _____
(Club Secretary)

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RELAY & ENTRY SUMMARY SHEET

| Event No. | Event | No. Teams to Enter |
|-----------|--------------------------|--------------------|
| 12 | Boy's 15&U 4 x 50m MTR | |
| 29 | Boy's 15&U 4 x 50m FTR | |
| 11 | Girl's 14&U 4 x 50m MTR | |
| 30 | Girl's 14&U 4 x 50m FTR | |
| 31 | Boy's 16-18 4 x 50m FTR | |
| 14 | Boy's 16-18 4 x 50m MTR | |
| 32 | Girl's 15-18 4 x 50m FTR | |
| 13 | Girl's 15-18 4 x 50m MTR | |

Relay Entries: _____ @ €20 Each = € _____

Individual Entries: _____ @ €8 Each = € _____

TOTAL AMOUNT ENCLOSED: € _____

CLUB: _____ CONTACT: _____

PHONE: _____ EMAIL: _____

Payment Options:

Please reference all payments as "2016 IAG DIVISION 2" and include club details.

Bank Transfer:

EURO

Bank: AIB

Sort Code: 932515

Account Number: 59772048

IBAN: IE03 AIBK 9325 1559 7720 48

BIC: AIBKIE2D

Sterling

Bank: Danske Bank

Sort Code: 950111

Account Number: 51051490

IBAN: GB55 DABA 9501 1151 0514 90

BIC: DABAGB2B

Cheque/Postal Order:

Made payable to Swim Ireland

Credit Card:

Credit card payments can be made over the phone by calling the Swim Ireland offices at +353-1-6251120

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Swim Ireland Safety Statement - Issues

Safety is the responsibility of every individual involved in the sport.

Risks identified must be reported to either a Club or Meet Official and formally reported to the facility operator.

All accidents must be formally reported.

General

- 1) By Law all facilities are required to have a Safety Statement in operation. Clubs and Meet Organisers should satisfy themselves that this is the case.
- 2) Any accidents, however minor, must be reported to Swim Ireland (standard Accident Report Form available).
- 3) ALL volunteers who work/help at Swim Ireland events are advised to read the Swim Ireland Safety Statement which is available upon request from the Office.

Clubs

- 1) All Clubs should obtain and read a copy of the Safety Statement of the pool they are hiring.
- 2) It is recommended that clubs identify risks and formally report them in writing to the relevant personnel at the facility.

All Meets

(Club, Regional and National)

- 1) Following a meet at which an incident/accident occurred, the Organiser and Race Referee must complete a Meet Accident Report Form and include their contact details.
- 2) All who attend meets are urged to report any accidents to either the Meet Organiser who immediately reports to the Race Referee or to the Referee directly. Where an accident occurs, Swim Ireland must be informed as soon as possible with a full report presented.
- 3) "Safety at Swim Meets" must be included in all Programmes for all Meets run under Swim Ireland rules. It must also be read out at the start of every session with emphasis placed on item 3 above.
- 4) Officials should be advised by the Race Referee to report any concerns they have over possible risks at the facility and to ensure that reporting procedures are followed.
- 5) Under FINA Law the Referee is in total control of all persons attending the meet and the Referee should take all reasonable steps to ensure their safety.

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Safety at Swim Meets

All accidents, however minor must be reported, in writing, to Swim Ireland.

We would ask the co-operation of swimmers, coaches, spectators and clubs in the application of the following safety measures. They are in place for everyone's safety.

1. General;

- i. Everyone attending Meets must familiarise themselves with the locations and operation of emergency exits.
- ii. Anyone observing anything they consider to be a safety hazard should report it to a Meet Official.
- iii. All persons attending Meets must take all steps to ensure their own safety and the safety of others.
- iv. All walkways must be kept clear of bags, equipment, etc.

2. Starting;

- i. It is the responsibility of competitors, coaches and clubs to ensure that all swimmers are sufficiently competent to dive start from competition starting blocks. Alternatively, swimmers are reminded that they may start from the poolside.
- ii. In the event of a false start, swimmers should perform a safe entry and not fall into the water.

3. Warm-Up;

- i. Swimmers and coaches must ensure that they (and swimmers in their charge) take no action that would endanger themselves or others.
- ii. The instructions of those in authority must be obeyed immediately.
- iii. Swimmers are not permitted to dive or jump into lanes other than sprint lanes and then only when the area is sufficiently clear to make a safe entry.
- iv. Do not start sprinting in a sprint lane until non-sprinting swimmers have cleared it.
- v. On finishing a sprint immediately clear the way for the following swimmer(s).

4. Around the Pool (e.g. spectator area, foyer area, etc.)

- i. Swimmers are not permitted to enter dry areas without first having changed and put on footwear.
- ii. Where there is a balcony or rail - swimmers are not permitted to climb over it.
- iii. Glass bottles are not permitted outside designated refreshment areas.

Thank you for your co-operation in making the Meets a safe experience for all.