



Mallow Swans Swimming Club 2018 Invitational Gala

We cordially invite you to participate in our Annual Invitational Gala which we are glad to announce will provide swimmers an opportunity to achieve times for Regional Meets up to and including Regional Championships level

Swim Ireland Level 2 Gala: Licence: tbc

Meet Dates: Fri 20th & Sat 21st April 2018

Venue: Mallow Town Swimming Complex

Closing Date: Thursday 5th April 2018 6.00pm latest
Entries without Fees / Late Entries will not be accepted

Entries: On Hytek to Ann McCarthy Competition Secretary
mallowswans.galasec@hotmail.com

50m Events: Entry Times must be shown on Entry [if no time, enter NT]

100m/200m/400m Events: Times are required /NTs will not accepted

Entry Fees

Entry Fees:

Individual	€6.00 per event
Medley relay	€20.00 per team
Cannon Relay	No charge

Cheques payable to Mallow Swans SC attached to Summary Sheet.
Post to **Ann McCarthy. Carker Beg. Doneraile. Co Cork.**

Age Groups / Medals / Awards

Medals will be awarded in all individual events in age groups as below

Medals: Age Groups 11&U 12/13 14/15 16&over

Awards: Trophy: Best Away Club Perpetual Cup: Best Overall Club

Relays

Relays: Swimmers eligible for U11 relays may not swim up in U16 relays.
Cannon Relay, run at the end of Day 2, only 1 Team per Club in Cannon



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Conditions

- Swimmers must be
 - members of Swim Ireland
 - at least 9 years of age as @ 31st December 2018 to compete at this gala
 - of Development 1 Grade or above
- SI registration Numbers **MUST** be included with all entries.
- Swim Ireland Rules will apply
- One Start rule will apply for this gala.
- Heats will be run as open events according to fastest time and will all be run as be as HDW [Heat Declared Winners], with the fastest heats swimming last
- Entries for **400m** events will be limited to ensure compliance with SI rules. Clubs will be informed of accepted entries prior to the gala

MSSC reserves the right to:

- Enter additional Swimmers in certain events
- Limit the number of heats and/or entries to allow sessions finish on schedule

Events

<u>Distance</u>	<u>50m</u>	<u>100m</u>	<u>200m</u>	<u>400m</u>
<u>Free</u>	✓	✓	✓	✓
<u>Back</u>	✓	✓	x	X
<u>Breast</u>	✓	✓	x	X
<u>Fly</u>	✓	✓	x	x
<u>IM</u>	X	✓	✓	✓
<u>Relays</u>				
All age groups		4 x 50 Medley		
Cannon		Mixed Freestyle		

Other/general information.....

- SHOP:** Shop will be open from Gala Start
Teas/Coffees, Water + Sandwiches, cakes etc available for purchase
- Health & Safety:** Restrictions on personnel poolside will be strictly enforced to ensure safety and effective running of gala. Badges will be allocated on the morning of gala to Coaches/Team Managers on deck (based on entries).
All other Team Staff/Spectators are welcome in the spectator area.



Mallow Swans Swimming Club

2018 Invitational Gala

Order of Events (Electronic Timing will be used throughout Gala)

Session 1 Friday evening

Warm Up 5.00pm (20 mins males followed by 20 mins females) Start 6.00pm

- | | | |
|---|-------|----------------|
| 1 | Boys | 200m Freestyle |
| 2 | Girls | 200m Freestyle |
| 3 | Boys | 200m IM |
| 4 | Girls | 200m IM |
| 5 | Boys | 400m Freestyle |
| 6 | Girls | 400m Freestyle |

Session 2 Saturday morning

Warm Up 8.30am (20 mins males followed by 20 mins females) Start 9.30am

- | | | |
|----|-------|-------------------|
| 7 | Boys | 100m IM |
| 8 | Girls | 100m IM |
| 9 | Boys | 50m Freestyle |
| 10 | Girls | 50m Freestyle |
| 11 | Boys | 100m Butterfly |
| 12 | Girls | 100m Butterfly |
| 13 | Boys | 50m Backstroke |
| 14 | Girls | 50m Backstroke |
| 15 | Boys | 100m Breaststroke |
| 16 | Girls | 100m Breaststroke |

Session 3 Saturday afternoon

Warm Up during lunch break, swimmers must be supervised by a Coach

- | | | |
|------|-------|-------------------------|
| 17 | Boys | 400m IM |
| 18 | Girls | 400m IM |
| 19 | Boys | 100m Freestyle |
| 20 | Girls | 100m Freestyle |
| 21 | Boys | 50m Butterfly |
| 22 | Girls | 50m Butterfly |
| 23 | Boys | 100m Backstroke |
| 24 | Girls | 100m Backstroke |
| 25 | Boys | 50m Breaststroke |
| 26 | Girls | 50m Breaststroke |
| 27* | Boys | 200m Medley Relay 11&U |
| 28* | Girls | 200m Medley Relay 11&U |
| 29* | Boys | 200m Medley Relay 12-13 |
| 30* | Girls | 200m Medley Relay 12-13 |
| 31* | Boys | 200m Medley Relay 14-15 |
| 32* | Girls | 200m Medley Relay 14-15 |
| 33* | Boys | 200m Medley Relay 16&O |
| 34* | Girls | 200m Medley Relay 16&O |
| 35** | Mixed | Freestyle Cannon Relay |

NOTE

MSSC reserves the right to limit the number of heats and/or entries to allow sessions finish on schedule

Events 27-34* may not be run due to time constraints

Cannon Relay** only one team per club may enter this event

Scratch Sheets

Fri 20th April By 5.15pm latest

Sat 21st April Saturday Scratches must be completed during Warm Up on Saturday AM

Note: No Deletions at Gala.



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SUMMARY SHEET

_____	Boys Individual Entries	@ €6.00 per Entry	€_____
_____	Girls Individual Entries	@ €6.00 per Entry	€_____
_____	Boys Medley Relay Entries	@ €20.00 per Entry	€_____
_____	Girls Medley Relay Entries	@ €20.00 per Entry	€_____
_____	Cannon Relay	@ €0.00 per Entry	€XXXXXXXX
	TOTAL ENTRY FEES		€_____

CLUB: _____

Contact Person: _____

Address: _____

Phone: _____

eMail: _____

Entry Fees to: Ann McCarthy. Carker Beg. Doneraile. Co Cork.

Closing Date: Thurs 5th April 2018



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