

MUNSTER & CONNACHT REGIONAL QUALIFYING MEET

SI Licence No. TBC

VENUE: UL **DATE:** 3rd & 4th February 2018
TIME: Warm Up 09.00a.m. Start 10.00 a.m.

ENTRIES: Entries on Hy-Tek only to patdonovan02@gmail.com Cheques should be made payable to "Munster Region Swim Ireland" and should be sent to **Tom O'Brien, Mont Pelier, O'Brien's Bridge, Co. Limerick.**

FEES MUST BE RECEIVED PRIOR TO THE GALA

FEES: €7.00 per event.

CLOSING DATE: Monday, 15th January 2018

ENTRIES RECEIVED AFTER THE CLOSING DATE WILL NOT BE ACCEPTED.

CONDITIONS: Swimmers may enter in eight individual events ONLY. Swimmers must have achieved the consideration times in all events in which they wish to enter. **SWIMMERS WHO ARE FASTER THAN THE UPPER CONSIDERATION TIMES WILL NOT BE ELIGIBLE TO SWIM IN THAT EVENT**

Medals will be presented in 10/11, 12/13, 14+.

ALL EVENTS WILL BE HEAT DECLARED WINNER.

Swimmers are restricted to 8 events

Session 1

1. Boys 1500m Freestyle
2. Girls 400m Ind. Medley
3. Boys 200m Breaststroke

Presentations Events 1 & 2

4. Girls 200m Freestyle
5. Boys 100m Butterfly

Presentations Events 3 & 4

6. Girls 200m Backcrawl
7. Boys 50m Freestyle

Presentations Events 5, 6 & 7

Session 2

8. Boys 400m Freestyle
9. Girls 200m Ind. Medley
10. Boys 200m Backcrawl

Presentations Events 8 & 9

11. Girls 100m Butterfly
12. Boys 200m Freestyle

Presentations Events 10 & 11

13. Girls 200m Breaststroke
14. Boys 100m Ind. Medley

Presentations Events 12 & 13

15. Girls 800m Freestyle

Presentations Events 14 & 15

Session 3

16. Girls 1500m Freestyle
17. Boys 400m Ind. Medley
18. Girls 100m Breaststroke

Presentations Events 16 & 17

19. Boys 100m Freestyle
20. Girls 200m Butterfly

Presentations Events 18 & 19

21. Boys 100m Backcrawl
22. Girls 50m Freestyle

Presentations Events 20, 21 & 22

Session 4

23. Girls 400m Freestyle
24. Boys 200m Ind. Medley
25. Girls 100m Backcrawl

Presentations Events 23 & 24

26. Boys 200m Butterfly
27. Girls 100m Freestyle

Presentations Events 25 & 26

27. Boys 100m Breaststroke
29. Girls 100m Ind. Medley

Presentations Events 27 & 28

30. Boys 800 Freestyle

Presentations Events 29 & 30

CONSIDERATION TIMES

All consideration times are Short Course, entries should be short course. However, the gala will be swum in 10 lane Long Course format.

Should this gala be oversubscribed then entries will be returned and clubs will be advised of scratches

	BOYS				GIRLS		
	10/11	12/13	14+	EVENT	10/11	12/13	14+
Upper	32.47	30.93	26.20	50 Free	33.07	31.50	28.80
Lower	36.96	34.32	31.68		39.90	37.05	34.20
Upper	1.07.87	1.04.64	56.00	100 Free	1.10.05	1.06.72	1.00.90
Lower	1.20.55	1.14.80	1.09.05		1.26.60	1.20.42	1.14.24
Upper	2.28.44	2.21.38	2.04.30	200 Free	2.31.22	2.24.02	2.13.30
Lower	2.57.57	2.44.89	2.31.21		3.09.79	2.56.24	2.42.69
Upper	5.17.03	5.02.84	4.26.90	400 Free	5.17.67	5.07.31	4.48.10
Lower	6.14.86	5.48.09	5.21.32		6.45.32	6.16.37	5.47.42
Upper	10.42.70	10.12.10	9.40.35	800 Free	10.55.98	10.24.75	9.55.60
Lower	12.59.71	12.04.02	11.08.33		13.21.17	12.24.95	11.26.73
Upper	20.45.28	19.45.99	18.27.39	1500 Free	20.43.00	19.43.81	19.05.78
Lower	25.04.92	23.17.43	21.29.94		26.27.35	24.33.97	22.04.59
Upper	1.19.86	1.16.06	1.05.50	100 Back	1.20.75	1.16.91	1.10.10
Lower	1.30.66	1.24.19	1.17.72		1.36.63	1.29.73	1.22.83
Upper	2.48.95	2.40.91	2.23.60	200 Back	2.53.49	2.45.23	2.29.80
Lower	3.21.48	3.07.12	2.52.76		3.29.72	3.14.74	2.59.76
Upper	1.32.86	1.27.86	1.12.90	100 Breast	1.34.62	1.30.12	1.20.60
Lower	1.41.61	1.34.35	1.27.19		1.52.21	1.44.27	1.36.33
Upper	3.16.86	3.07.49	2.41.60	200 Breast	3.21.02	3.11.45	2.55.80
Lower	3.45.85	3.29.72	3.13.59		4.04.34	3.46.89	3.29.44
Upper	1.20.40	1.16.58	1.02.80	100 Fly	1.22.20	1.18.29	1.09.60
Lower	1.30.78	1.24.30	1.17.82		1.39.99	1.32.83	1.25.69
Upper	2.57.24	2.48.80	2.26.50	200 Fly	3.01.52	2.52.88	2.45.60
Lower	3.22.14	3.07.72	2.53.28		3.38.52	3.22.20	3.05.88
Upper	2.51.21	2.43.06	2.22.10	200 IM	2.53.61	2.45.35	2.32.70
Lower	3.23.44	3.08.91	2.54.38		3.34.65	3.19.32	3.03.99
Upper	6.09.44	5.51.85	5.10.10	400 IM	6.15.86	5.57.97	5.31.10
Lower	7.19.36	6.47.98	6.16.60		7.48.16	7.14.22	6.41.28

MUNSTER QUALIFYING MEET

_____ Entries @ € 7.00 per event = €

TOTAL €

CLUB _____

SECRETARY _____

ADDRESS _____

TEL _____

TEAM MANAGER _____

POOL RULES

In order to comply with health and safety standards within swimming pool and at the request of a number of pool managers the following rules must be complied with

- 1. All swimmers must wear hats**
- 2. No outdoor shoes to be worn on the pool deck.**
- 3. Swimmers are not permitted on the balcony or stairs in wet gear.**
- 4. Adequate supervision of competitors must be in place at all times. Chaperones/Managers must be appointed for each club. Any damage caused to the complex will be charged to the club involved.**
- 5. Where lockers are provided, these should be used. Unattended belongings may be removed by staff.**
- 6. Litter bins should be used.**
- 7. Parking should be in designated areas ONLY.**
- 8. Leisure centres / pools should be treated with respect.**