ENNIS SWIMMING & LIFE-SAVING CLUB ENNIS Invitation GALA

Venue: - Ennis Leisure Complex

Dates: - Fri 24th & Sat 25th Feb 2017

Age-Groups:- 12, 14, 16, Senior Age as on 31st Dec 2017.

Masters events 800 & 1500 f/c mixed

Events: - 200f/c, 200IM, 400fc, 800fc (1heat)1500fc (1 heat)

100m F/c, 100B/c, 100 Br/st, 100Fly, 50f/c

Masters mixed, 800fc (3 heats), 200,100,50 free

NOTE:- Relays - U/12 & U/16 4x50m F/c Relay

U/14 & Senior 4x50m Medley Relay

Times:- Gala aimed at higher Grade B swimmers and all Grade A

swimmers & championship swimmers

Conditions:- Swimmers may swim up in relay events.

Ennis SC reserves the right to limit the number of

heats as necessary.

Entries: - By e-mail on Team Manager to: trionamc50@gmail.com

Entry Fees:- €6 per individual entry, €20 per relay.

Cheques payable to Ennis SC, with summary sheet attached

may be brought to the gala or posted to:-

Caitriona McMahon, Clonteen, Ballyalla, Ennis, Co. Clare

Closing Date: - 12th Feb 2017. No late entries please.

Order of Events

24th Feb - Warm up 5pm, Start 6pm

1. Girls 200 f/c HDW 2. Boys 200 f/c HDW

3. Girls 200 IM HDW 4. Boys 200 IM HDW

5. Girls 800 fc HDW 6. Boys 1500 fc HDW

Finish 8pm

25th Feb - Warm up 9am, Start 10am

7. Girls 400 f/c 8. Boys 400 f/c 9. Girls 100 br/st 10. Boys 100 br/st 11. Girls 100m Fly 12. Boys 100m Fly

Finals of 100m each age group.

13. Girls u/12 4x50 f/c relay 14. Boys u/12 4x50 f/c relay 15. Girls u/16 4x50 f/c relay 16. Boys u/16 4x50 f/c relay

Lunch 12.45 - 1.45pm

Warm Up 1.45pm. Start 2.45pm

17. Firls 100 f/c18. Boys 100 f/c19. Girls 100 b/c20. Boys 100 b/c21. Girls 50m f/c22. Boys 50m f/c

Finals of 100m & 50m each age group.

23. Girls u/14 4x50 Med relay 24. Boys u/14 4x50 Med relay 25. Girls senior 4x50 Medley r 26. Boys senior 4x50 Medley r

Finish 5.00pm

Masters all mixed events

Warm up 5.00pm. Start 6pm

- 1. 800fc (3 Heats)
- 2. 100free
- 3. 50 free
- 4.200 free

Finish 9pm

The committee reserve the right to limit the number of heats in the distance events.

ONE START RULE WILL APPLY AT THIS MEET.

SUMMARY SHEET

Ennis Invitation Gala

Individual entries @ €6 per entry
Relay entries @ €20 per relay
Total
CLUB:
Contact Person:
Address:

Phone:
Entry Fees to :- Caitriona McMahon, Clonteen, Ballyalla Ennis, Co. Clare , or bring payment to competition, 087/2045222
Closing Date:- 12th Feb 2017