



MallowSwans SC Invitational Gala

Venue: Mallow Town Swimming Complex

Date: Fri 4th & Sat 5th Nov 2016

Licence: 3A-16/17-M002

Fri: Warm-up: 5.00pm **Start:** 6.00 pm SHARP [change depending on no of entries]

Sat: Warm-up: 8.30am **Start:** 9.30am SHARP [change depending on no of entries]

Posting of Scratch Sheets: Fri 5.30 pm latest. Sat 8.45am latest

We cordially invite you to participate in our Annual Invitational Gala

Closing Date: Sun 23rd Oct 2016

Entries without Fees / Late Entries will not be accepted

Entries: Hytek to mallowswans.galasec@hotmail.com.

Entry Times must be shown on Entry [if no time, enter NT]

Entry Fees: Individual €6.00 per event, Medley relay €20.00 per team, Cannon Relay-Free.

Cheques payable to Mallow Swans SC attached to Summary Sheet.

Post to **Ann McCarthy. Carker Beg. Doneraile. Co Cork.**

Age Groups: Age based on Swimmers year of birth *as at 31st December year of Competition* in line with SI & Munster Policy

Medals: Age Groups 11&U 12/13 14/15 16/17 18&over

Awards: Trophy: Best Away Club Perpetual Cup: Best Overall Club

Relays: Cannon Relay will be run at the end of Day 2.

Swimmers eligible for U11 relays may not swim up in U16 relays.

NB Just one team per club per relay event/age group may enter.

Conditions: Swimmers must be members of Swim Ireland and Swim Ireland Rules apply.

All events will be HDW [Heat Declared Winners]

MSSC reserves the right to:

- enter additional Swimmers in certain events.
- limit the no of entries to oversubscribed events should there be time constraints

SHOP: Shop will be open from Gala Start

Teas/Coffees, Water + Sandwiches, cakes etc available for purchase

Health & Restrictions on personnel poolside will be strictly enforced to ensure safety and

Safety: effective running of gala. Badges will be allocated on the morning of gala to Coaches/Team Managers on deck (based on entries).

All other Coaches/Team Managers/Spectators are welcome in the spectator area.



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Order of Events (Electronic Timing will be used throughout Gala)

Session 1: Fri eve

1	Boys	200m F/C
2	Girls	200m F/C
3	Boys	200m IM
4	Girls	200m IM
5	Boys	400m F/C
6	Girls	400m F/C

Session 2: Sat morning

7	Boys	100m F/C
8	Girls	100m F/C
9	Boys	50m B/C
10	Girls	50m B/C
11	Boys	100m Brs
12	Girls	100m Brs
13	Boys	50m F/C
14	Girls	50m F/C
15	Boys	100m Butterfly
16	Girls	100m Butterfly

Session 3: Sat afternoon

17	Boys	100m IM
18	Girls	100m IM
19	Boys	50m Brs
20	Girls	50m Brs
21	Boys	100m B/C
22	Girls	100m B/C
23	Boys	50m Fly
24	Girls	50m Fly
25*	Boys	4x50m Medley Relay 11&U
26*	Girls	4x50m Medley Relay 11&U
27*	Boys	4x50m Medley Relay 12-13
28*	Girls	4x50m Medley Relay 12-13
29*	Boys	4x50m Medley Relay 14-15
30*	Girls	4x50m Medley Relay 14-15
31*	Boys	4x50m Medley Relay 16-17
32*	Girls	4x50m Medley Relay 16-17
33*	Boys	4x50m Medley Relay 18&O
34*	Girls	4x50m Medley Relay 18&O
35	Mixed	Freestyle Cannon Relay

NOTE

MSSC reserves the right to limit the no of heats as necessary

Relays: only one team per club per relay event/age group may enter

Events 25-34* may not be run due to time constraints



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SUMMARY SHEET

_____	Boys Individual Entries	@ €6.00 per Entry	€_____
_____	Girls Individual Entries	@ €6.00 per Entry	€_____
_____	Boys Medley Relay Entries	@ €20.00 per Entry	€_____
_____	Girls Medley Relay Entries	@ €20.00 per Entry	€_____
_____	Cannon Relay	@ €0.00 per Entry	€xxxxxxx
	TOTAL ENTRY FEES		€_____

CLUB: _____

Contact Person: _____

Address: _____

Phone: _____

eMail: _____

Entry Fees to: Post to
Ann McCarthy, Carker Beg. Doneraile. Co Cork.

Closing Date: Sun 23rd Oct 2016