

# MUNSTER GRADE “3 “ GALA

DATE ; 14<sup>th</sup>. January 2017

TIME; 11.30am warm up 12.30 pm start.

VENUE ; UL

FEES : €15.00 per swimmer to cover all individual events, €20.00 per relay.  
Cheques to be made payable to “Munster Region Swim Ireland”. All fees MUST be received prior to the competition. Fees should be sent to Tom O’Briem, Mont Pelier, O’Brien’s Bridge, Co. Limerick

**ENTRIES RECEIVED AFTER THE CLOSING DATE WILL NOT BE ACCEPTED. CLOSING DATE 3<sup>rd</sup>. January 2017.**

**Entries to [maryphelan10@gmail.com](mailto:maryphelan10@gmail.com)**

**Swimmers must swim in either the 100m Freestyle or the 100m Ind. Medley, and may enter a total of four events ONLY**

**Times must be submitted for all swimmers for the compulsory events i.e. 100m F/C and 100m IM. Clubs may submit training times , but these must be signed off by a club Official.**

1. Boys 100m Freestyle
2. Girls 100m Freestyle
3. Boys 50m Backcrawl
4. Girls 50m Backcrawl
5. Boys 50m Butterfly
6. Girls 50m Butterfly

**Medal Presentations Events 1 – 6**

7. Boys U/11 4x50m MTR
8. Girls U/11 4x50m MTR
9. Boys U/13 4x50m MTR
10. Girls U/13 4x50m MTR

**Medal Presentations events 7 - 10**

11. Boys 100m Ind. Medley
12. Girls 100m Ind. Medley
13. Boys 50m Freestyle
14. Girls 50m Freestyle
15. Boys 50m Breaststroke
16. Girls 50m Breaststroke

**Medal Presentations Events 11 - 16**

17. 6 x 50m Freestyle Canon Relay

**ONLY 1 per club**

( 1 Boy, 1 Girl each age group)

**Medal Presentations Event 17**

Medals will be presented in 7-11, 12/13, 14+ age groups. There is no senior category

**GRADE 3**

BOYS		CUT OFF TIME			GIRLS	
7 – 11	12-13	14 +	EVENT	7 -11	12-13	14 +
1.30.00	1.25.00	1.20.00	100m Free	1.33.00	1.28.00	1.23.00
1.44.00	1.39.00	1.34.00	100m IM	1.48.00	1.43.00	1.37.00
53.00	50.00	47.00	50m Brs	54.00	51.00	48.00
47.00	44.00	41.00	50m B/C	49.00	46.00	43.00
52.00	49.00	46.00	50m Fly	55.00	52.00	49.00

Swimmers achieving the cut off time in the 100m Freestyle **and** the 100m Ind. Medley event **or** the 100m Freestyle **and** 2 of the 50m events ( Back, Breast or Fly), **or** the 100m Ind. Medley **and** 2 of the 50m events ( Back, Breast or Fly) will then be eligible to swim in Grade “2” galas, and will no longer be considered Grade “3” swimmers.

***All competing clubs must provide at least one official per six swimmers per session up to a maximum of three officials per session.***

Clubs MUST indicate on their scratch sheets the person who is responsible for their swimmers for the relevant competition