



2017

**Swim Ulster International Meet/
Dave McCullagh Memorial**

ENTRY RULES & FORMS

Aurora Complex, Bangor
Friday 2nd to Sunday 4th February 2017



Swim Ulster International/Dave McCullagh Memorial
Aurora Complex, Bangor
3rd – 5th February, 2017

MEET CONDITIONS

Meet Location:	Aurora Leisure Centre, Bangor
Pool Specifications:	50 metre, 10 lane, indoor competition pool with wave-breaker lane ropes.
Meet Type:	Open Championships, 50m Senior Meet. There will be A and B finals for all 50m; 100m; 200m and 400m individual events, subject to “Seeding” below. The 800m and 1500m events will be Timed Finals with the fastest heat swimming in the finals session
Session Times:	Session 1: Friday 3 rd February Warm-up 8.00am; Competition 9.45am Session 2: Friday 3 rd February Warm-up 4.15pm; Competition 5.30pm Session 3: Saturday 4 th February Warm-up 8.00am; Competition 9.45am Session 4: Saturday 4 th February Warm-up 4.15pm; Competition 5.30pm Session 5: Sunday 5 th February Warm-up 8.00am; Competition 9.45am Session 6: Sunday 5 th February Warm-up 3.15pm; Competition 4.30pm
Entry Limit:	There will be no entry limit for this event however swimmers are required to have achieved the relevant qualification standards.
Team Leaders Meeting:	Technical meeting will take place on Thursday 2 nd February, at 7.30pm, venue TBC. Attendance at this meeting is mandatory. Each club must be represented by one or more delegates. A club (not a delegate) attending the meeting may also represent a maximum of one additional club. Any such representation must be declared in writing at the meeting. The representative is authorised to make withdrawals. A fine of €100 will be issued to clubs who fail to attend or are not represented at this meeting.
Entry Form:	Electronic Hy-tek entries are accepted via Hy-tek to the Swim Ireland Office at entries@swimireland.ie Paper entries should be posted to the Swim Ireland Office at Irish Sport HQ, National Sports Campus, Blanchardstown, Dublin 15, Ireland marked “2017 SUDMC”. <i>If entries are made by Hy-tek it is not necessary to post entry forms.</i>
Entry Deadline:	Thursday 22 nd December 2016 for both Hy-tek and Paper entries. Payment should be received by Friday 6 th January 2017.



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Entry Fees:	<p>Individual entries cost €10/£8.50 per event.</p> <p>Relay entries cost €25/£21 per event.</p> <p>No entry will be processed until the appropriate fee has been received at the Swim Ireland Office. Payment options are detailed in the Entry Summary Sheet.</p> <p><i>Please note that entries are non-refundable once the final date for payment has passed</i></p>
Relay Entries:	<p>Clubs are permitted to enter more than one relay team per event. The names of the 4 relay team members swimming in the race and the order of swimming must be declared on the official Team Declaration Sheet and submitted to the Swim Office Table no later than 60 minutes before the start of the session in which the race takes place. Failure to do so will be subject to a fine of €50 without exception and disqualification of the relay team.</p> <p>The swimmers may change between heats and finals. All competing swimmers must be entered in the meet (<i>even if they are not swimming in individual events</i>). Relay teams that swim in an order that is different from the declared order of swimming shall be disqualified in accordance with FINA Rule SW 10.12.</p>
Scoring:	<p>Top 10 swimmers in each event receive points (10-1) based on final results. The Irish club team with the highest cumulative points are awarded the Dave McCullagh Memorial Trophy.</p>
Awards:	<p>Medals are awarded for top-3 placings.</p>
Anti-Doping:	<p>It is a condition of attending a Swim Ireland event that swimmers may be required to be tested for prohibited substances in accordance with the Irish Sports Council/WADA/FINA Anti-Doping rules. For further information visit the Anti-Doping section of the Irish Sports Council website.</p>
Health & Safety:	<p>Please refer to the Health & Safety guidelines at the back of this document and also the Swim Ireland Code of Practice for Safety (Swimming) on the Swim Ireland website.</p>
Further Info:	<p>Please direct all queries to entries@swimireland.ie.</p>

These Meet Conditions must be read in conjunction with the Swim Ireland General Event Rules available on the SI website at <http://www.swimireland.ie/high-performance-swimming/national-competitions/competition-rules-safety>



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ORDER OF EVENTS

Session 1: Friday 3rd February (Heats)			Session 3: Saturday 4th February (Heats)			Session 5: Sunday 5th February (Heats)		
1	M	50m Backstroke	13	M	50m Butterfly	25	M	50m Freestyle
2	W	50m Backstroke	14	W	50m Butterfly	26	W	50m Freestyle
3	M	100m Freestyle	15	M	200m Freestyle	27	M	50m Breaststroke
4	W	100m Freestyle	16	W	200m Freestyle	28	W	50m Breaststroke
5	M	200m Butterfly	17	M	100m Backstroke	29	M	200m Backstroke
6	W	200m Butterfly	18	W	100m Backstroke	30	W	200m Backstroke
7	M	100m Breaststroke	19	M	200m Breaststroke	31	M	100m Butterfly
8	W	100m Breaststroke	20	W	200m Breaststroke	32	W	100m Butterfly
9	W	400m Ind. Medley	21	M	400m Ind. Medley	33	M	200m Ind. Medley
10	M	4x100m FTR	22	M	4x200m FTR	34	W	200m Ind. Medley
11	W	4x200m FTR	23	W	4x100m FTR	35	M	400m Freestyle
12	M	1500m Freestyle (HDW)	24	W	800m Freestyle (HDW)	36	W	400m Freestyle
						37	M	4x100m MTR
						38	W	4x100m MTR
Session 2: Friday 3rd February (Finals)			Session 4: Saturday 4th February (Finals)			Session 6: Sunday 5th February (Finals)		
1	M	50m Backstroke	13	M	50m Butterfly	25	M	50m Freestyle
2	W	50m Backstroke	14	W	50m Butterfly	26	W	50m Freestyle
3	M	100m Freestyle	15	M	200m Freestyle	27	M	50m Breaststroke
4	W	100m Freestyle	16	W	200m Freestyle	28	W	50m Breaststroke
5	M	200m Butterfly	17	M	100m Backstroke	29	M	200m Backstroke
6	W	200m Butterfly	18	W	100m Backstroke	30	W	200m Backstroke
7	M	100m Breaststroke	19	M	200m Breaststroke	31	M	100m Butterfly
8	W	100m Breaststroke	20	W	200m Breaststroke	32	W	100m Butterfly
12	M	1500m Free (Fastest Heat)	21	M	400m Ind. Medley	33	M	200m Ind. Medley
9	W	400m Ind. Medley	24	W	800m Free (Fastest Heat)	34	W	200m Ind. Medley
10	M	4x100m FTR	22	M	4x200m FTR	35	M	400m Freestyle
11	W	4x200m FTR	23	W	4x100m FTR	36	W	400m Freestyle
						37	M	4x100m MTR
						38	W	4x100m MTR

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QUALIFICATION STANDARDS

Male		Event	Female	
SC	LC		LC	SC
25.45	25.96	50 Freestyle	28.61	28.05
56.53	57.66	100 Freestyle	1.01.91	1.00.70
2.03.84	2.06.32	200 Freestyle	2.16.76	2.14.08
4.27.16	4.32.50	400 Freestyle	4.52.03	4.46.30
-	-	800 Freestyle	9.54.41	9.42.75
18.00.47	18.22.08	1500 Freestyle	-	-
30.32	30.93	50 Backstroke	33.76	33.10
1.05.87	1.07.19	100 Backstroke	1.11.23	1.09.83
2.22.16	2.25.00	200 Backstroke	2.35.41	2.32.36
32.38	33.03	50 Breaststroke	37.73	36.99
1.14.43	1.15.83	100 Breaststroke	1.20.50	1.18.92
2.48.22	2.51.58	200 Breaststroke	3.00.00	2.56.47
27.65	28.20	50 Butterfly	30.60	30.00
1.02.89	1.04.15	100 Butterfly	1.11.00	1.09.61
2.21.18	2.24.00	200 Butterfly	2.39.88	2.36.75
2.22.36	2.25.21	200 I.M.	2.36.00	2.32.94
5.04.16	5.10.24	400 I.M.	5.39.47	5.32.81

**Entry Standards must have been achieved in Open Competition in the preceding fifteen months (since 3rd November 2015).*



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DISABILITY SWIMMER QUALIFICATION STANDARDS

FEMALE															
	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	
50 free				59.20	50.91	49.34	44.90	42.97	41.21	39.42	43.90	38.17	38.85		50 free
100 free			2.18.46	2.11.14	1.48.77	1.44.05	1.36.53	1.33.13	1.26.67	1.25.35	1.35.48		1.23.54		100 free
200 free				4.35.13	3.53.58									3.04.30	200 free
400 free						7.32.90	7.04.30	6.40.55	6.14.81	6.27.08	7.20.98		6.21.20		400 free
50 back		1.29.40	1.20.34	1.08.81	54.89										50 back
100 back		4.08.59				2.00.20	1.55.75	1.45.52	1.38.34	1.33.51	1.51.52	1.36.48	1.34.66	1.34.65	100 back
50 breast			1.16.92												50 breast
100 breast				2.27.56	2.13.17	2.15.53	2.05.62	1.49.50	1.49.16		2.03.98		1.49.05	1.49.05	100 breast
50 fly				1.19.57	57.48	51.15	47.98								50 fly
100 fly								1.39.03	1.34.70	1.30.74			1.33.58		100 fly
200 IM			4.50.99		4.34.47	4.21.67	3.59.00	3.41.36	3.29.77	3.26.67	3.56.84		3.29.50	3.33.84	200 IM

MALE															
	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	
50 free			1.00.45	53.27	45.48	40.54	39.26	36.62	35.66	32.86	35.86	32.62	33.70		50 free
100 free			2.13.41	1.56.97	1.37.04	1.32.87	1.25.62	1.20.14	1.18.47	1.12.18	1.20.41		1.12.44		100 free
200 free		6.29.35	4.38.76	4.09.47	3.48.68									2.28.04	200 free
400 free						6.48.31	6.36.10	6.17.57	5.54.65	5.46.52	6.10.11		5.34.26		400 free
50 back	1.31.23	1.24.32	59.90	1.00.60	49.65										50 back
100 back	4.38.82	3.19.84				1.44.38	1.38.65	1.29.85	1.27.62	1.25.15	1.36.12	1.24.22	1.20.84	1.26.50	100 back
50 breast		1.19.85	1.08.81	2.10.93											50 breast
100 breast					2.09.84	1.53.76	1.50.44	1.35.09	1.30.84		1.39.48		1.30.22	1.34.63	100 breast
50 fly				57.44	48.46	42.43	41.85								50 fly
100 fly								1.25.78	1.24.05	1.19.45	1.26.73		1.17.93		100 fly
200 IM			3.52.32			3.45.08	3.37.29	3.19.96	3.09.58	3.04.48	3.22.06		2.55.66	3.07.83	200 IM



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MALE ENTRY FORM

Please complete this form fully and correctly otherwise your entry will not be accepted.

FULL NAME (*Print*): _____ Swim Ireland Reg No. _____

CLUB (*Print*): _____ Date of Birth: _____

Event No.	Event	Time Achieved	Date Achieved (Including Meet Name)
1	50m Backstroke		
3	100m Freestyle		
5	200m Butterfly		
7	100m Breaststroke		
12	1500m Freestyle		
13	50m Butterfly		
15	200m Freestyle		
17	100m Backstroke		
19	200m Breaststroke		
21	400m Ind. Medley		
25	50m Freestyle		
27	50m Breaststroke		
29	200m Backstroke		
31	100m Butterfly		
33	200m Ind. Medley		
35	400m Freestyle		

**Entry Standards must have been achieved in Open Competition in the preceding fifteen months (since 3rd November 2015).*

I certify that the above information is correct: _____
 (Club Secretary)



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FEMALE ENTRY FORM

Please complete this form fully and correctly otherwise your entry will not be accepted.

FULL NAME (*Print*): _____ Swim Ireland Reg No. _____

CLUB (*Print*): _____ Date of Birth: _____

Event No.	Event	Time Achieved	Date Achieved (Including Meet Name)
2	50m Backstroke		
4	100m Freestyle		
6	200m Butterfly		
8	100m Breaststroke		
9	400m Ind. Medley		
14	50m Butterfly		
16	200m Freestyle		
18	100m Backstroke		
20	200m Breaststroke		
24	800m Freestyle		
26	50m Freestyle		
28	50m Breaststroke		
30	200m Backstroke		
32	100m Butterfly		
34	200m Ind. Medley		
36	400m Freestyle		

**Entry Standards must have been achieved in Open Competition in the preceding fifteen months (since 3rd November 2015).*

I certify that the above information is correct: _____
(Club Secretary)



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RELAY & ENTRY SUMMARY SHEET

Event No.	Event	No. Teams to Enter
10	Men's 4 x 100m FTR	
11	Women's 4 x 200m FTR	
22	Men's 4 x 200m FTR	
23	Women's 4 x 100m FTR	
37	Women's 4 x 100m MTR	
38	Men's 4 x 100m MTR	

Relay Entries: _____ @ €25 Each = € _____

Individual Entries: _____ @ €10 Each = € _____

TOTAL AMOUNT ENCLOSED: € _____

CLUB: _____ CONTACT: _____

PHONE: _____ EMAIL: _____

Payment Options:

Please reference all payments as "2017 SUDMC" and include club details.

Bank Transfer:

EURO

Bank: AIB

Sort Code: 932515

Account Number: 59772048

IBAN: IE03 AIBK 9325 1559 7720 48

BIC: AIBKIE2D

Sterling

Bank: Danske Bank

Sort Code: 950111

Account Number: 51051490

IBAN: GB55 DABA 9501 1151 0514 90

BIC: DABAGB2B

Cheque/Postal Order:

Made payable to Swim Ireland

Credit Card:

Credit card payments can be made over the phone by calling the Swim Ireland offices at +353-1-6251142





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Swim Ireland Safety Statement - Issues

Safety is the responsibility of every individual involved in the sport.

Risks identified must be reported to either a Club or Meet Official and formally reported to the facility operator.

All accidents must be formally reported.

General

- 1) By Law all facilities are required to have a Safety Statement in operation. Clubs and Meet Organisers should satisfy themselves that this is the case.
- 2) Any accidents, however minor, must be reported to Swim Ireland (standard Accident Report Form available).
- 3) ALL volunteers who work/help at Swim Ireland events are advised to read the Swim Ireland Safety Statement which is available upon request from the Office.

Clubs

- 1) All Clubs should obtain and read a copy of the Safety Statement of the pool they are hiring.
- 2) It is recommended that clubs identify risks and formally report them in writing to the relevant personnel at the facility.

All Meets

(Club, Regional and National)

- 1) Following a meet at which an incident/accident occurred, the Organiser and Race Referee must complete a Meet Accident Report Form and include their contact details.
- 2) All who attend meets are urged to report any accidents to either the Meet Organiser who immediately reports to the Race Referee or to the Referee directly. Where an accident occurs, Swim Ireland must be informed as soon as possible with a full report presented.
- 3) "Safety at Swim Meets" must be included in all Programmes for all Meets run under Swim Ireland rules. It must also be read out at the start of every session with emphasis placed on item 3 above.
- 4) Officials should be advised by the Race Referee to report any concerns they have over possible risks at the facility and to ensure that reporting procedures are followed.
- 5) Under FINA Law the Referee is in total control of all persons attending the meet and the Referee should take all reasonable steps to ensure their safety.

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Safety at Swim Meets

All accidents, however minor must be reported, in writing, to Swim Ireland.

We would ask the co-operation of swimmers, coaches, spectators and clubs in the application of the following safety measures. They are in place for everyone's safety.

1. General;

- i. Everyone attending Meets must familiarise themselves with the locations and operation of emergency exits.
- ii. Anyone observing anything they consider to be a safety hazard should report it to a Meet Official.
- iii. All persons attending Meets must take all steps to ensure their own safety and the safety of others.
- iv. All walkways must be kept clear of bags, equipment, etc.

2. Starting;

- i. It is the responsibility of competitors, coaches and clubs to ensure that all swimmers are sufficiently competent to dive start from competition starting blocks. Alternatively, swimmers are reminded that they may start from the poolside.
- ii. In the event of a false start, swimmers should perform a safe entry and Not fall into the water.

3. Warm-Up;

- i. Swimmers and coaches must ensure that they (and swimmers in their charge) take no action that would endanger themselves or others.
- ii. The instructions of those in authority must be obeyed immediately.
- iii. Swimmers are not permitted to dive or jump into lanes other than sprint lanes and then only when the area is sufficiently clear to make a safe entry.
- iv. Do not start sprinting in a sprint lane until non-sprinting swimmers have cleared it.
- v. On finishing a sprint immediately clear the way for the following swimmer(s).

4. Around the Pool (e.g. spectator area, foyer area, etc.)

- i. Swimmers are not permitted to enter dry areas without first having changed and put on footwear.
- ii. Where there is a balcony or rail - swimmers are not permitted to climb over it.
- iii. Glass bottles are not permitted outside designated refreshment areas.

Thank you for your co-operation in making the Meets a safe experience for all.